

## Join us for:

- Tai Chi
- Exercise Classes including Chair Exercises
- Parkinson's Exercise Class
- Computer Classes
- Special Events: Annual Bluegrass-Country Music Fundraiser, Fall Baked Goods Auction, Field Trips, Special Concerts, and Fish Fry Events
- Games: Bunko, Bingo, and Euchre
- Line Dancing Classes
- Volunteer Opportunities
- Home Energy Assistance Program (HEAP)
- Dances
- Nutrition Education
- Legal Services through Southeastern Ohio Legal Services
- Time-Out Café
- Lunch Served Daily
- Home-Delivered Meals
- Transportation Services
- Senior Companion Program
- Golden Oldies Newsletter
- Meeting Rooms Available
- Rental Space Available

## Senior Services are provided with funding, in part, from:

- The Ohio Department of Aging
- The Area Agency on Aging, District 7, Inc.
- Pike County Senior Center Tile Wall Donations
- Pike County Senior Citizens Levy
- General Electric Community Service Fund
- Pike County Community Fund
- Title III-B and Title III-C of the Older Americans Act

“All services are provided on a nondiscriminatory basis.”

## Donations Accepted



**Pike County Senior Center**  
A Division of the Community Action Committee of Pike County

402 Clough Street  
Waverly, Ohio 45690

Phone: 740.947.5555  
Toll Free: 1.866.820.1185  
Fax: 740.947.7648  
Website: [www.pikecac.org](http://www.pikecac.org)



## *Our Mission*

*The Pike County Senior Center recognizes the ever-changing senior population. We are the point of reference and one-stop connection of resources that influence the independence and quality of life for seniors and caregivers through educational, social, recreational, and wellness opportunities.*

## Golden Buckeye Card

Sign up for special discounts on many services throughout Ohio.



# Breakfast Buffet

8:30 - 10:30 a.m.

Tuesday, Thursday, & Friday



# Salad Bar

11 a.m. - 12:30 p.m.

Wednesday's

## COME JOIN THE FUN!

Are you 60 years of age or older? All senior citizens are invited to come and enjoy the Pike County Senior Center.

The on-site dining room offers a hot nutritious lunch at noon Monday through Friday for a small suggested donation.

Members of the Pike County Senior Center receive a newsletter that is filled with useful information and special announcements of coming attractions.

You may contact us at **740.947.5555** or **1.866.820.1185** or visit us online at [www.pikecac.org](http://www.pikecac.org) for more information!



# Weekly Wellness Clinic

10:30 a.m. - 12 p.m.

Wednesday's

Sponsored by Piketon Nursing Center



# BINGO

Doors Open at 4:30 p.m.  
Wednesday's

