

MENU IS SUBJECT TO CHANGE

**MAY, 2010**

|                                                       | <b>MONDAY</b>                                                                                                                          | <b>TUESDAY</b>                                                                                                                            | <b>WEDNESDAY</b>                                                                                                       | <b>THURSDAY</b>                                                                                                      | <b>FRIDAY</b>                                                                                              |
|-------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|
| <b>Meat<br/>or<br/>alternate<br/>3 oz</b>             | BAKED FISH<br>SCALLOPED CORN<br>STEWED TOMATOES<br>MANDARIN ORANGES<br>W.GRAIN BREAD/MILK<br>3                                         | PORK TENDERLOIN / DRESSING<br>SWEET POTATOES<br>SPINACH<br>BAKED APPLES<br>W.GRAIN BREAD / MILK<br>4                                      | SWISS BACON PIE<br>PEAS<br>CAULIFLOWER<br>PEACHES<br>MUFFIN / MILK<br>5                                                | SALISBURY STEAK<br>MASHED POTS & GRAVY<br>GREEN BEANS<br>GELATIN w/ PEARS<br>WW ROLL / MILK<br>6                     | HAM SLICE<br>HASH BROWN POTATOES<br>MINT GLAZED CARROTS<br>FRENCH BREAKFAST PUFF<br>PINEAPPLES / MILK<br>7 |
| <b>vegetable<br/>or<br/>fruit<br/>1 1/2-cup fruit</b> | HOT CHICKEN SALAD SW<br>ON WHOLE GRAIN BUN<br>CREAM OF BROCCOLI SP<br>JULIENNED BEETS<br>TROPICAL FRUIT BLEND<br>CRACKERS / MILK<br>10 | BEEF POT ROAST<br>POTATOES,CARROTS,CELERY<br>ONIONS<br>BLUSHING PEARS<br>CORNBREAD<br>MILK<br>11                                          | LASAGNA<br>TOSSSED SALAD & DRESSING<br>BANANA<br>FRENCH OR ITALIAN BREAD<br>MILK<br>12                                 | HONEY GLAZED HAM<br>BROCCOLI<br>PEACH COBBLER<br>WHOLE GRAIN BREAD<br>MILK<br>13                                     | SLICED TURKEY<br>MASHED POTS. & GRAVY<br>KALE<br>MIXED FRUIT<br>WHOLE WHEAT ROLL<br>MILK<br>14             |
| <b>Bread<br/>2 serving<br/><br/>Butter - 1 tsp.</b>   | SPAGHETTI w. MEAT S.<br>ITALIAN BLEND VEGETABLES<br>PEACHES AND PEARS<br>CHEESY GARLIC BISCUIT<br>MILK<br>17                           | OB CHICKEN BREAST<br>SLICED OB POTATOES<br>BRUSSELS SPROUTS with<br>WATER CHESTNUTS<br>STRAWBERRY APPLESAUCE<br>BANANA BREAD / MILK<br>18 | ROAST BEEF with AuJu<br>SEASONED BABY BAKERS<br>MIXED GREENS<br>AMBROSIA FRUIT SALAD<br>WHOLE WHEAT ROLL<br>MILK<br>19 | BREADED COD SANDWICH<br>ON WHOLE WHEAT BUN<br>BAKED BEANS<br>COLE SLAW<br>TROPICAL FRUIT SALAD<br>MILK<br>20         | SAUSAGE GRAVY<br>CUBED HOME FRIES<br>STEWED APPLES<br>TOMATO JUICE<br>BISCUIT<br>MILK<br>21                |
| <b>Dessert<br/><br/>1/2 cp.<br/>optional</b>          | PARMESAN CHICKEN<br>STUFFING<br>PEAS & PEARL ONIONS<br>MIXED FRUIT CUP<br>WHOLE GRAIN BREAD<br>WHITE CAKE / MILK<br>24                 | SWEET & SOUR PORK<br>RICE<br>MIXED GREEN GARDEN SALAD<br>DRESSING<br>JUICE<br>BROWNIE / MILK<br>25                                        | HAM & BEANS<br>MUSTARD GREENS<br>GELATIN with FRUIT<br>CORNBREAD<br>MILK<br>26                                         | OVEN FRIED CHICKEN LEG<br>QUARTERS<br>SWEET POTATOES<br>GREEN BEANS<br>WALDORF SALAD<br>WHOLE GR. BREAD / MILK<br>27 | BEEF STROGANOFF<br>CARROTS<br>CORN<br>STRAWBERRIES<br>APPLESAUCE BRAN MUFFIN<br>MILK<br>28                 |
|                                                       | AGENCY CLOSED<br>FOR<br>MEMORIAL HOLIDAY<br>STAY SAFE<br><br>31                                                                        |                                                                                                                                           |                                                                                                                        |                                                                                                                      |                                                                                                            |

Choice of Beverages Available ( 2% / skim / buttermilk )

Condiments Available

Diabetic Desserts Available

TO OBTAIN INGREDIENT'S INFORMATION, CONTACT THE MANAGER AT YOUR NUTRITION S

MENU IS SUBJECT TO CHANGE