

GOLDEN OLDIES EXTRA

Volume 1, Issue 1

OCTOBER 2006

Services provided with funding, in part, from the Ohio Department of Aging, the Area Agency on Aging; District 7, Inc., the Pike County Dept. of Job and Family Services, Community Services Block Grant, The Pike County Commissioners and Title III-B and III-C of the Older Americans Act. All Services provided on a nondiscriminatory basis.

SENIOR EXPO UPDATE

THE SENIOR EXPO WAS A BIG SUCCESS THIS YEAR! BERTHA AND THE FOOD SERVICE STAFF MADE OVER \$1400.00 ON THE FOOD SOLD IN THE PIKE COUNTY SENIOR CENTER BOOTH.

EDNA AND THE CRAFT DEPARTMENT HAD A VERY SUCCESSFUL CRAFT BOOTH AT THE SENIOR EXPO. THE CRAFT DEPARTMENT EARNED \$707.90 IN SALES! GOOD WORK CRAFT DEPARTMENT!

THANK YOU TO REV. WALTER AND ANIEBELL DAWSON FOR VOLUNTEERING DURING THE EXPO.

DONATIONS WERE MADE BY

WALTER & ANIEBELL DAWSON

LARRY & JOAN TEETERS

AVONELLE TEETERS

ENOCH & BEATRICE TEETERS

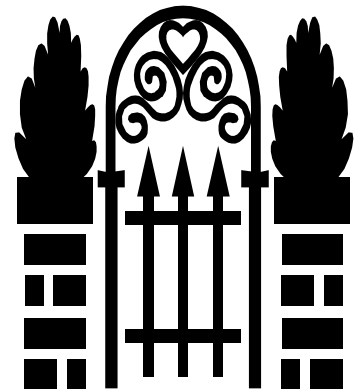
WANDA LAWSON

GLADYS THOMPSON

RUBY DIXON

NORMA SHAW

BETTY TURNER



NELVIA HUNT

JACK WEETER

BETTY BREWSTER

LILLIE MURRAY

JAKE & LORA AMLIN

ELIZABETH STEPHENS

AARP DEFENSIVE DRIVING CLASS

AARP IS COMING TO THE SENIOR CENTER TO TEACH A DEFENSIVE DRIVING CLASS. IF YOU WOULD LIKE TO REGISTER FOR THE CLASS, CALL SHELLEY AT 740-947-5555.

WHEN:
November 9 and
November 10,
2006



TIME: 10AM until 3PM

WHERE: The Pike County Senior Center , 408 Walnut Street, Waverly, Ohio

COST: \$10.00

Check with your auto insurance agency. You may get a discounted rate for taking the class.

The class is designed for people 50 and over to improve their skills and prevent traffic accidents.

You do not have to be an AARP member to be in the class.

Please RSVP by November 3 at the Senior Center.

SENIOR ADVISORY COUNCIL WOULD LIKE TO THANK...

THE SENIOR ADVISORY COUNCIL WOULD LIKE TO THANK.....

EVELYN JENKINS FOR HER MANY YEARS OF SERVING ON THE SENIOR ADVISORY

COUNCIL. EVELYN HAS RECENTLY RESIGNED FROM THE COUNCIL AND SHE

PRESENTED THE COUNCIL WITH A CRYSTAL GAVEL AT THE END OF HER TERM

REMEMBER YOUR
DONATIONS ARE IMPORTANT
TO OUR PROGRAM.

SENIOR ADVISORY MORE INFORMATION

WELCOME LARRY TEETERS TO THE SENIOR ADVISORY COUNCIL. LARRY WILL ALSO SERVE ON THE AREA AGENCY ON AGING #7 ADVISORY COUNCIL.



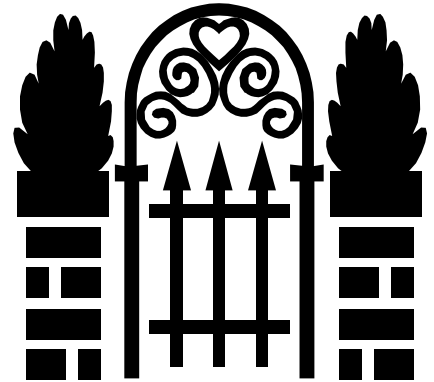
THE CRAFT DEPARTMENT WILL NOT HAVE A BOOTH AT THE FALL FESTIVAL OF LEAVES THIS YEAR.

CRAFTS WILL STILL BE AVAILABLE FOR SALE IN THE CRAFT DISPLAY CASE IN THE HALLWAY AT THE SENIOR CENTER

HALLOWEEN LUNCHEON
WILL BE ON
OCTOBER 25, 2006.

TRIP
OCTOBER 13—BOB EVANS FARM FESTIVAL
ADMISSION: \$5.00
TRANSPORTATION: \$5.00

TRANSPORTATION FEE MUST BE PAID BY OCTOBER 11, 2006 AT THE SENIOR CENTER.



HOME ENERGY ASSISTANCE PROGRAM

IF YOU OR SOMEONE YOU KNOW NEEDS HELP PAYING WINTER HEATING BILLS., PLEASE CALL SHELLEY AT 740-947-5555 TO MAKE AN APPOINTMENT.

USED BOOK SALE IN THE LOUNGE MONDAY THRU FRIDAY 8—4:30

Used Book Sale in lounge

From January 1, 2006 through August 31, 2006, \$57.05 has been raised through used book sales. This money goes to support senior

programs. Whenever you are in the senior center check out the used books. There are many to choose from for all ages.



**COMMUNITY ACTION COMMITTEE OF PIKE
COUNTY, INC.**

SENIOR PROGRAM DIVISION
408 Walnut Street
Waverly, Ohio 45690

Phone: 740-947-5555
Fax: 740-947-7648
Email: shelleylyon@pikecac.org

Blue Grass Construction Inc.

Open from 8 am until 4 pm

Address: 201 E. North Street

Phone: 740-947-2680

*Blue Grass Construction, Inc. is standing by to meet
all of your General Construction needs.*

We're on the Web !

www.pikecac.org

**The Community Action Committee of Pike Co., Inc.
Senior Program Division
408 Walnut Street
Waverly, Ohio 45690**

First Class Mail

OCTOBER, 2006

MENU IS SUBJECT TO CHANGE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat or alternate 3 oz.	HOT DOGS w/ SAUERKRAUT MASHED POTATOES © PEACHES WHEAT BREAD OATMEAL COOKIES (2) 2	PEPPER STEAK © HASH BROWN PATTY CARROT RAISIN SALAD WHEAT BREAD VANILLA PUDDING 3	OB CHICKEN AU GRATIN POTATOES © SPICED BEETS BISCUITS YELLOW CAKE/ICING 4	CHILI SOUP 1/2 PEANUT BUTTER SW. GARDEN SALAD CRACKERS APPLESAUCE 5	BEEF BBQ ON BUN OVEN BAKED FRIES COLE SLAW © MIXED FRUIT 6
vegetable or fruit 1-cup total	TUNA CASSEROLE with peas & carrots STEAMED BROCCOLI © WHEAT BREAD PEACHES 9	SPAGHETTI made with gr. Turkey GARDEN SALAD © CHEESY GARLIC BISCUIT PEARS 10	TURKEY & GRAVY WHIPPED POTATOES © ITALIAN VEGETABLES © ROLL APPLE / GRAHAM CRACKERS 11	MEAT LOAF SCALLOPED POTATOES PENNY CARROT SALAD WHEAT BREAD BANANA 12	HAM SLICE SWEET POTATOES © GREEN BEANS & CORN WHEAT BREAD CHERRY CAKE / ICING 13
Bread 1 serving Butter 1 tsp.	BR. FISH SQUARE/ CHEESE SL. PARSLEY BUTTERED POTATOES LIMA BEANS © WHEAT BREAD PINEAPPLES 16	STEAK / MUSHROOM GRAVY OVEN BAKED FRIES SLICED BEETS WHEAT BREAD JELL-O w/ FRUIT 17	CREAM OF BROCCOLI SOUP PIMENTO CHEESE ON BUN COLE SLAW © BANANA CRACKERS 18	OVEN BAKED CHICKEN MASHED POTATOES GREEN BEANS ROLL APPLE 19	LASAGNA TOSSED SALAD / DRESSING ITALIAN BREAD FRUIT CUP 20
Dessert 1/2 cp.	JOHNNY MARZETTI made with ground turkey meat. PEAS & CARROTS TROPICAL FRUIT BLEND © WHEAT BREAD 23	HAM & BEANS KALE / vinegar packet © CORNBREAD MUFFIN PEACHES SPICE CAKE 24	COUNTRY FRIED STEAK WHIPPED POTATOES © CORN ROLL MIXED FRUIT 25	SLOPPY JOE ON BUN OVEN BAKED FRIES COLE SLAW © APPLESAUCE 26	CHICKEN PATTY GREEN LIMAS © TATOR TOTS WHEAT BREAD CARROT PINEAPPLE SALAD 27
	MACARONI & CHEESE STEWED TOMATOES © PEAS PEARS WHEAT BREAD 30	MINISTRONE SOUP © 1/2 TURKEY SW ON WHEAT BREAD CRACKERS COLE SLAW BANANA 31			

Choice of Beverages Available

Condiments Available

Low Sugar Desserts Available

TO OBTAIN INGREDIENT INFORMATION, CONTACT THE MANAGER AT YOUR NUTRITION SITE