

NOVEMBER 2010

CAC of Pike County Newsletter

Thanksgiving



Happy Thanksgiving

Three hundred and ninety years ago this December the Pilgrims sailed across the Atlantic on the Mayflower and landed at Plymouth Rock in Massachusetts. After being here for almost a year and learning how to cultivate the land from the Wampanoag Indians, the Pilgrims decided to have a feast. The main reason for the feast is because by the fall of 1621 only half the Pilgrims that sailed on the Mayflower the previous year survived. So the survivors were thankful for surviving the year and had a thanksgiving feast. Since the Pilgrims landed in Plymouth, that was the location of the 1st Thanksgiving. Along with the Pilgrims and their leader, William Bradford, the neighboring Wampanoag Indians all joined in on the feast that lasted for 3 days. The Pilgrims and Native Americans feasted on turkey, waterfowl, venison, fish, lobster, clams, berries, fruit, pumpkin, and squash.

Abraham Lincoln was the first president to officially set aside the last Thursday of November as the national day of Thanksgiving by issuing a "Thanksgiving Proclamation" in October of 1863. Earlier presidents used to make an annual proclamation to specify the day. It wasn't until 1941 when congress passed an official proclamation declaring from that date on Thanksgiving will be observed as a legal holiday on the fourth Thursday of November each year.

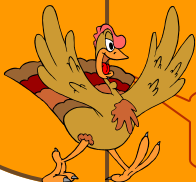


It is that time of year, time to start getting ready for the Holiday Gathering. In this newsletter there will be a "yellow star" hidden in the newsletter. The first 10 people that e-mails Lori with the exact location of the star will receive 5 auction tickets to be used at the Holiday Gathering on December 3rd. E-mail Lori at lwatson@pikecac.org with the answer. There is only one star that is hidden so Happy Hunting!

NEW EMPLOYEES

Kathy Ginn
Stephanie Polly
Maria Garey
Alyssa Weaver
Patrick Chandler

WELCOME
TO CAC



CAC EVENTS

November 9th
Senior Staff
November 11th
Holiday-Veteran's Day
(Family Health Centers are open)
November 18th
Governing Board Meeting
November 25th & 26th
Thanksgiving Holiday





Microsoft Office Word 2007: Level I Training Workshop

The Microsoft Word 2007: Level I Training Workshop is a hands-on course, teaching participants how to explore the Microsoft® Office Word® 2007 environment, create a basic document, edit documents by locating and modifying text, format text and paragraphs, add tables and graphic elements to a document, control a document's page setup and its overall appearance and proof documents to make them more accurate.

Prerequisite: Must be familiar with personal computers and have used a mouse and keyboard. Basic typing skills are recommended. You should be comfortable navigating in a Windows environment including managing files and folders.

When/Time: Wednesday, November 17th
8:30 am to 4:30 pm
*Lunch Provided

Where: Ohio State University Endeavor Center
1864 Shyville Rd
Piketon, OH

Fee: \$75

Microsoft PowerPoint 2007 Level I

December 8th
8:30 am to 4:30 pm
OSU Endeavor Center

For more information contact the Business Development Department at the main

agency at
740-289-2371.



Masco Transition Center Update

Since opening the doors of the Masco Transition Center on Monday, June 14, 2010, there have been 781 Masco Employees make their initial visit. Overall, there have been 2,245 visits as of Thursday, October 21, 2010 .

The Transition Center was developed after the April 27, 2010 announcement that the Masco Retail Cabinet Group would be closing their doors sometime in the first quarter of 2011.

The Transition Center is staffed daily with two former Masco Employees as well as with representatives from the Community Action Committee of Pike County and the Workforce Connections of Pike County Division who oversee the daily operations. Monday, Tuesday, and Wednesday afternoons from 3:30 to 5:30 there are two (2) representatives from Adult Basic Literacy Education (ABLE) available to assist the Masco Employees with upgrading their skill levels or with preparation for taking their GED. Each Wednesday, a representative from the Ohio Department of Job & Family Services is available in the Transition Center to answer general questions regarding Unemployment Insurance. Throughout the month, there are also representatives available for the Workforce Connections of Adams County, Workforce Connections of Scioto County, Ross County One Stop, and Jackson County One Stop.

There have been 100 Masco Employees or Spouses complete the Career Assessment, 25 have participated in the ABLE Workshops -- 4 have received their GED, and 30 have completed the Basic Computer Workshops.

Should you know of anyone who is employed at Masco or has been laid off from Masco but has not visited the Transition Center, please inform them of the services available there. The Transition Center is located at 400 Pride Drive (YMCA), Waverly, Ohio.

Submitted by: Rita Moore

November Birthdays

Tamara Osborne	11/2	Paul Mullins	11/12	Ali Mohammad	11/19
Pam Mustard	11/3	Debra Mass	11/16	Bryon Chandler	11/21
Pam Lawhorn	11/4	Penny Jenkins	11/17	Heidi Miller	11/23
Lavonda Hart	11/5	Kimberly Evans	11/17	Sandy Anderson	11/24
Bonita Hopkins	11/5	Angela Clark	11/17	Lori Adams	11/24
Kristi Montgomery	11/10	Erica Holsinger	11/17	Jeannie Ross	11/27
Annya Thompson	11/11	Roger Patton	11/18	Stephanie Jenkins	11/29
Angela Knipp	11/12	Debra Brust	11/18	Sherry Riffe	11/30
Alondra Blair	11/12	William Harris	11/19	Melody Graham	11/30



The 2010 CAC of Pike County Holiday/Longevity Awards Party will take place on December 3rd at the multi-purpose building at the Pike County Fairgrounds from 12:00 pm to 4:00 pm. The Theme for this year is: Team CAC Has "Stars"

Holiday/Longevity Awards Party Teams

Team 1 - Fiscal, Front Office, Employment & Training, Administration and Business Development

Team 2 - Early Childhood Programs

Team 3 - Maintenance, Housekeeping, Energy, Social/Senior/Transit

Team 4 - Family Health Centers, WIC, and Home Health

Team CAC "Stars" Competition

CAC is in search of employee talent to perform at the 2010 Holiday Gathering. Stars teams can have up to 10 members and can they can perform a song, dance, play, movie clip, reality show skit, comedy skit, etc. Time limit for each team will be a maximum of 5 minutes. Gift Certificates will be awarded to the winning team.

Team CAC "Stars" Group Picture

We are planning to take a group picture at the gathering. We are asking all staff to wear a Community Action shirt if they have one. Any color is fine.

Community Action Committee of Pike County 2010 Food Pantry Challenge

Donate your change to the CAC Food Pantry.
Feeding the Hungry

Each department will have a container for money to be collected.



If you are wanting to get you tickets in advance for the auction and for the 50/50 contact one the of the following Committee Members: Rebecca Adkins, Laura Dobbins, Mary Blevins, Tracy Mathews, Jack Cooper, Whitney Williams, Angie Williams, Pam Mustard, Stacie Peters, Cindy Balzer, Barb Crabtree, Amanda Elliott, Al Reinke, and Kathy Way.

2010 Longevity Recipients

5 years

Scott Adams
Stephanie Brodess
Wilda Causey
Kelli Crabtree
Carolyn Fyffe
Angela Harmon
Brenda Jordan
Kristi Montgomery
Linda Montgomery
Dr. L. Ortiz
Jewell Rivers
Linda Williams
Jeff Wing

10 Years

Sandra Jones
Shelley Lyon
Bonnie Mullins
Michelle Mustard
Lisa Pfeifer

15 Years

Penny Jenkins
Tracy Mathews
Diane Renner
Elizabeth Smith

20 Years

Cytnhia Balzer
Karen Scott
JoAnn Steffy

25 Years

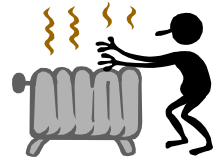
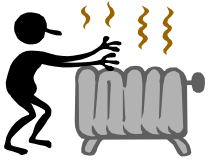
Laura Dobbins
Rhonda Taylor

30 Years

Bertha Scowden

35 Years

Toni Graves



Community Action Committee of Pike County 2010-2011 Winter Crisis Program

The Community Action Committee of Pike County will operate the 2010-2011 Winter Crisis Program, also known as Emergency HEAP Program, November 1, 2010 through March 31, 2011. The program is intended to help offset the rising cost of winter heating bills for individuals at or below 200% of the Federal Poverty Guidelines. For example, a family of four can make up to \$44,100 annually and still be eligible for HEAP. The Winter Crisis Program will provide financial assistance to low-income households that are threatened with disconnection of their heating source; or have already had service disconnected; or have less than a ten day supply (or 25% or less) of bulk fuel. Applicants must bring both primary and electric heating bills, income verification of the past 90 days for all household members 2 years of age or older, to the face-to-face interview. For more information, or to schedule and appointment, please call 740-289-2371 or TDD 740-289-2608. Appointments are scheduled only by telephone. Individuals 60 years or older must apply at the Pike County Senior Center in Waverly by calling 740-947-5555 to schedule an appointment. Appointments are scheduled only by phone.

Submitted by: Libby Fairchild



Not One Ounce Challenge

During the holidays people typically put on 2 to 8 pounds due to all the delicious and large amounts of food consumed. We are asking you to take the challenge of not gaining one ounce from November 1 to January 2, 2011. E-mail me if you are up for this challenge at asmith@cac.org. If you are successful your name will appear in the January's Newsletter plus you will have a great start for a New Year's Resolution. Here are some tips to help you along:

1. Eat slowly and savor the flavor.
2. Eat more fruits and vegetables vs. high fat food.
3. Enjoy talking to the people around you.
4. Don't hang around the food table if you are not hungry.
5. Be a good example for your family.
6. Take a walk or play outdoors after the meal
7. Think about life, not fat
8. Own your power.



The WIC Program would like to welcome to our staff:
Ginny Dickerson, Peer Breastfeeding Helper & Alyssa Weaver, Nutritionist

Submitted by: Amy Smith, WIC

★ 2010 General Election ★

With all the political campaign ads playing non-stop on the television and radio, it is hard to remember who is running for what. Here is a list of state wide elections and also Pike County Elections. For those who live outside of Pike

County you can go to your local Board of Elections or log onto www.sos.state.oh.us and go to Elections & Ballot issues and then to "About this Election" and it will guide you to your county's information.



**DON'T FORGET TO VOTE ON
NOVEMBER 2ND!!**

Employees will get 1 hour to go vote on that day.

Pike County Elections County Commissioner

Teddy L. West - D
Emma Ruth Slone - R
John G. Harbert - I

County Auditor

Teddy L. Wheeler - D

Common Pleas Court Judge

Randy D. Deering - D

Issues

Pee Pee Twp. - Renewal

Five years, 1 mill, fire protection. Commencing in 2011, first due in 2012

Seal Twp and Piketon Village - Renewal

Five years, eight-tenths mill, fire protection. Commencing in 2011, first due in 2012.

Local Options

Ward One - "Shall the sale of wine and mixed beverages be permitted for sale on Sunday between the hours of 11:00 am and midnight by Kroger Co. 0363, doing business as Kroger Co., an applicant for a D-6 liquor permit authorizing off-premise sales in sealed containers, who is engaged in the business of operating a full-service grocery store and supermarket at 220 Waverly Plaza, Waverly, Ohio, 45690 in this precinct?"

State Wide Elections

Governor

Ted Strickland and Yvette McGee Brown - D
John Kasich and Mary Taylor - R
Dennis S. Spisak and Anita Rios - G
Ken Matesz and Margaret Ann Leech - L

Attorney General

Richard Cordray - D
Mike DeWine - R
Marc Feldman - L
Robert Owens - C

Auditor of State

David Pepper - D
David Yost - R
L. Michael Howard - L

Secretary of State

Maryellen O'Shaughnessy - D
Jon Husted - R
Charles Earl - L

Treasurer of State

Kevin L. Boyce - D
Josh Mandel - R
Matthew Cantrell - L

US Senate

Lee Fisher - D
Rob Portman - R
Eric Deaton - C
Daniel LaBotz - S
Michael Pryce

Supreme Court Justice

Judith Lanzinger - R
Mary Jane Trapp - D

Supreme Court Chief Justice

Paul Pfeifer - R

US Representative to Congress - 2nd Congressional District

Surya Yalamanchili - D
Jean Schmidt - R

State Representative 86th District

Bill Horne - D
Cliff Rosenberger - R
Jacob Dawson - L

State Senator 17th District

Justin Fallon - D
David Daniels - R

Judge of Court of Appeals 4th District

Matthew W. McFarland - R





You may qualify for SafeLink Service in your area if you . . .

1. Participate in one of the following programs:
 - Section 8/Federal Public Housing Assistance
 - Medicaid
 - Food Stamps
 - SSI
 - Free National School Lunch Program
 - General Assistance/Disability Assistance
 - Home Energy Assistance HEAP
 - SSDI
 - TANF or OWF
2. Your total household income is at or below 150% of the Federal Poverty Guidelines
3. No one in your household currently receives Lifeline Assistance through another phone carrier. If someone in your household is receiving Lifeline Assistance you must cancel the service before applying for SafeLink.
4. You have a valid US Postal Address. In order to receive your Free cell phone you must live at a residence that can receive mail from the US Post Office. **SORRY NO P O BOXES.**

For more information or to make an appointment for a FREE SafeLink Wireless phone, contact the Social Services department of Community Action Committee of Pike County at 740-289-2371 (TDD 740-289-2608). Senior citizens may contact the Pike County Senior Center at 740-947-5555.

Emergencies Happen

"My Mom is My Everything... and it's Important She Can Reach Me."

I PROMISE

250 FREE MONTHLY MINUTES

EMERGENCIES HAPPEN

Be safe and stay connected with a free government-supported cell phone and up to 250 free monthly minutes.

FREE Minutes every month for:

- Local & Long Distance Calling
- Text Messaging

Plus:

- FREE 411 Directory Assistance
- FREE 911 Emergency Tracking
- NO Contracts
- NO Credit Checks
- NO Fees

SafeLink Wireless

community Action PARTNERSHIP

36044

Get your phone faster, use Promo Code: COH0011000

SafeLink.com **1-800-SafeLink**
(723-3848)



DO YOU KNOW SOMEONE WHO...

For more information about the Ohio Benefit Bank or to make an appointment to apply for benefits, contact Community Action Committee of Pike County at 740-289-2371, (TDD 740-289-2608) Monday thru Friday 8:00 am to 4:30 pm. Senior Citizens may contact the Pike County Senior Center at 740-947-5555 Monday thru Friday from 8:00 am to 4:30 pm.

Has lost their job? . . .

The Benefit Bank can help individuals check eligibility for more than 20 work supports and public benefits.

Needs help with medical care? . . .

Programs such as Health Start and Healthy Families can often provide free medical assistance.

Needs help with groceries? . . .

Ohio's network of food banks is ready to help



The Ohio Benefit Bank Can Help

The Ohio Benefit Bank (OBB), a Web-based, counselor assisted program, is a free service that can help you or your friends and family apply for public benefits and work supports, such as health care coverage, home energy assistance and food assistance.



New & Used Books For Sale



Monday - Friday from 8:00am to 4:30 pm. Books are \$0.25 each. Tell your Friends! Remember money made buys the coffee, tea, sugar, creamers, etc...Please help support the book sales. Donations of used books are always accepted and greatly appreciated.

2010 Jingle Bell Luminary Parade Weekend November 19th thru 21st

Friday, November 19th

Quilt Show at Library - 10am to 4pm
Spaghetti Dinner and Candy Cane Variety Show at
Waverly High School Auditorium - 7:00 pm

Saturday, November 20th

Holiday 5k Run - Bristol Village Activity Center 8:30 am
Quilt Show at Library - 10am to 4pm
Breakfast with Santa - Eagles at 10am
Holiday Craft Show - 10am to 4pm at Waverly
Downtown gym

Open House at shops throughout Waverly and Piketon
Chili Cook off - Market Street at noon
Wine Tasting and Art Exhibit - Emmitt House 12:00 pm
to 4:00 pm

FNB Jingle Bell Luminary Parade - Begins at 5:00 pm
from Bristol Village

Lantern Tours - Begin at Canal Church on North St.
For ticket information contact Delmar Burkitt at
740-289-3570

Sunday, November 21st

Driving tour of historic Ohio and Erie Canal; 1:00 pm
buses available; Contact Barbara Patterson at
740-708-6580 for more information.

Time out Cafe

The Time Out Café offers a variety of food and beverages including: candy bars, peanuts, fruit snacks, breakfast items, and chips along with many other snacks!

**Each Tuesday and Friday from
8:30-10:00am, the Time Out Café at the
Senior Center will be serving Breakfast!**

MENU:

2- Biscuits and Gravy: \$2.50

Sides- \$.50 each

⇒ Scrambled Eggs

⇒ Hash Browns

⇒ Sausage

⇒ Stewed Apples

⇒ Orange Juice

Bagels- \$1.00 w/ butter or cream cheese.

Order of toast- \$.75 with butter & jelly

The café is now taking orders for omelets, eggs,
bacon, sausage, ham, and toast.

Cheese Omelet: \$2.50

Ham & cheese Omelet: \$3.00

Vegetable Omelet: \$3.00

Eggs (bacon, or sausage, or ham) and toast: \$3.00

Delivery Orders can be taken as early as 8:30am

**Come check out the breakfast bar
& bring some friends!!**

Hot Dogs, Sloppy Joes and more!
**Along with the Hot Dogs and Sloppy Joes
served during the day, the café will also
have Hamburgers, Cheeseburgers, Grilled
Cheese, and Grilled Ham and Cheese.**

Coming soon:

Soup of the Day!

HOT DOGS: \$1.00

w/ sauce: \$1.50

SLOPPY JOE: \$2.50

★ CAC Staff Reminder on Parking and Phone Lines

With HEAP beginning on November 1st, parking at the main agency may be limited and it may be difficult to find a parking spot at the main agency during this time. Please remember to park in staff parking areas. If you are not sure where staff parking is ask your supervisor. The front door will be unlocked at 7:45 am with phone lines being turned on at 7:45 am also. Phone lines will be busy in the mornings so please be patient during these times. Thank you.



CAC News Community Action Committee of Pike County

This newsletter is published once per month. If you have any items you would like included in the next newsletter, please submit them in writing by the 24th of the month to Lori Watson, Front Office Specialist. If you have any questions, please call the front office at 289-2371.

Don't forget to set your clocks back Sunday, November 7th at 2:00 am!



Just a Reminder!

The Family Health Centers will be **open** Veteran's Day.

Team 1 will have an luncheon Friday, November 5th at the Main Agency. The menu will consist of Chicken and Noodles, mashed potatoes, green beans, roll, and dessert.



Cook Books for Sale

Team 1 will be selling cook books this year to raise money for their team for the Holiday Gathering. Members of the team has compiled some of their favorite recipes into a book. These books will make great stocking stuffers for those who love to cook or like to collect cookbooks. To order a cookbook, contact anyone from Fiscal, Business Development, Employment and Training, and/or Front Office.



Trick-Or-Treat Times

Waverly

October 30th 5:00 pm to 6:00pm
Parade at 7:15 pm

Pike County

October 30th 5:00 pm to 7:00 pm

East Jackson

October 28th 5:00 pm to 6:30 pm

Scioto County

October 28th 6:00 pm to 7:00 pm

Portsmouth

October 28th 5:30 pm to 7:00 pm

Jackson County

October 31st 5:00 pm to 7:00 pm

Chillicothe

October 28th 6:00 pm to 7:30 pm



CONGRATULATIONS

to Cassie (McDonald)

Glock, who got married to Paul
Glock on Saturday, October 23rd.

The Portsmouth Daily Times recently conducted a Readers Choice survey in which they asked people to choose the best local People, Places, and Food. There were 140 categories and they had over 40,000 responses to the survey. Results included:

Best OB/GYN - 1st Place - Dr. George Pettit
Best Pediatrician - 2nd Place - Dr. John Di Traglia
Best Receptionist - Kim Evans (Portsmouth FHC)

Submitted by: Cindy Balzer

