



GOLDEN OLDIES NEWSLETTER

Community Action Committee of Pike County, Inc.

November / December

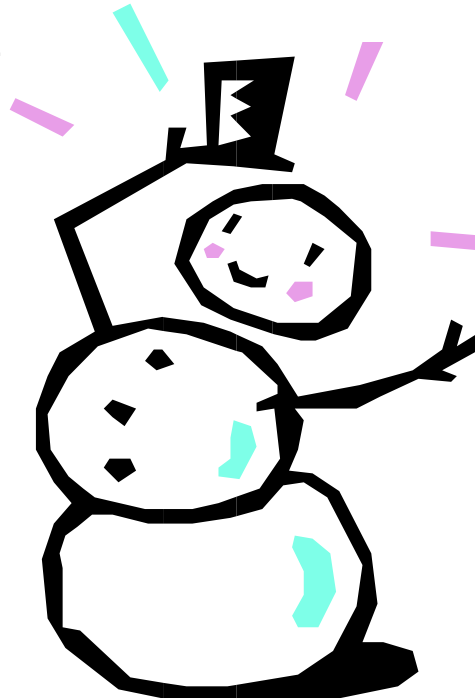
TRIPS, CLOSINGS, AND SPECIAL LUNCHEONS

TRIPS

November 9—
Lancaster Mall Bus
Fare \$10.00,
lunch on your own.

December 13—
Jackson shopping
trip—Bus Fare
\$5.00, lunch on
your own.

Please pay the
bus fare in the
senior center
office by the day
before the trip.



CLOSINGS

Nov. 12 Veteran's Day

Nov. 22 and 23
Thanksgiving

Dec. 24 and 25
Christmas

January 1 - New
Year's Day

SENIOR EXPO

• *Everyone seemed to have a wonderful time at the Senior Expo in September. The Senior Center made a profit of \$1, 175.12 this year.*

• *Thanks to everyone who donated their time and money*

- Anna Lawson*
- Mia Bernhardt*
- Helen Slaughter*
- Norma Shaw*
- US Food service*
- Mr. & Mrs. Mike McFarland*
- Betty Brewster*
- Billy Tackett*
- June Reisinger*
- Wanda Lawson*
- Jean Mangan*
- Peggy Mickey*
- Ritchie's Foods*
- Valley Wholesale*
- Wonder Hostess*

Joan Cox made the cake for the 2007 Cake Auction, Pike County Commissioner John Harbert purchased the cake for \$200. which was then donated to the Pike County Senior Center.

CRAFT DEPARTMENT / BINGO INFORMATION

There will be a Christmas craft sale on November 7 and December 5.

There will be a quilt raffle on December 19. Tickets will go on sale October 31.

Chances are 3 for \$1.00. The Craft Department made \$580.00 at the Senior Expo. Thank you for everyone's Support.

There will be no bingo the week of November 19th through November 23rd, 2007 due to the Thanksgiving holiday.



HAPPY BIRTHDAY NOVEMBER

5—PEGGY MICKEY
 7—HERBERT SHEAR
 7—BONNIE VAUGHN
 8—BETTY BLANTON
 9—PEGGY CORNWELL
 11—LENA PRITCHETT
 12—LILLIE MURRAY
 14—EVELYN JENKINS
 17—HARRY ANDREWS
 17—Shirley Seals
 17—OPAL WILLIAMS
 20—GLADYS THOMPSON

21—FRED FOREMAN
 22—CECIL ROBERTS
 24—BETTY REMY
 24—GARY SMITH
 26—CONNIE MCQUAY
 27—VIRGINIA COTTLE
 27—JOHN TAYLOR
 28—DOROTHY FARNHAM
 29—JACK BLAINE
 29—DON CHAPMAN
 30—PAULA FOREMAN



HAPPY BIRTHDAY DECEMBER

1—NORMA LEMASTER
 2—DELVER RICHARDS
 3—DON HORSLEY
 4—BETTY DETILLION
 4—RAY PRITCHETT
 5—BILLIE PHILLIPS
 7—MELVA NUNN
 8—GERRI ARROWOOD
 9—NANNIE CARTER
 9—HARRIET HORTEL

11—MAUDE RAMEY
 12—SARAH BALLARD
 13—FRED CHARLES
 14—VIOLET WILLIAMS
 15—PHYLLIS ROSE
 15—LARRY TEETERS
 16—KATHRYN PENDLETON
 17—MORRIS GULLION
 18—SHIRLEY LOUDERBACK
 18—BONNIE SLONE

19—TIM GREEN
 20—BETTY BEAVERS
 20—ELIZABETH STEPHENS
 21—VIVIAN HAROLD
 23—HARLEN BORDERS
 25—MARY MALOY
 25—HELEN POOLOS
 30—BILL CREAGER
 30—LELAH ENTLER
 30—MARIE HENDRICKS

THANK YOU FOR ALL OF YOUR DONATIONS

Bonnie Yates
 Pat Lemaster
 Sarah Ballard
 Gladys Thompson
 Jack Henkel
 Mr. & Mrs. Mike McFarland
 Betty Brewster
 Norma Shaw

Helen Slaughter
 Mia Bernhardt
 Peggy Mickey
 Wanda Lawson
 Jean Mangan
 June Reisinger
 Ruth Dunham
 Vivian Pelfrey



Mary McCoy
 Bethel Fox
 Gerrie Arrowood
 Alvia Weaver
 Rebecca Thompson



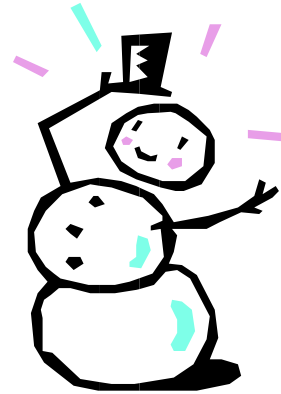
AARP 55 ALIVE PROGRAM SIGN UP

THE PIKE COUNTY SENIOR CENTER IS ONCE AGAIN HOSTING THE AARP 55 ALIVE CLASS ON NOVEMBER 8 AND 9, 2007. THE CLASS RUNS BOTH DAYS FROM 10–3 WITH AN HOUR FOR LUNCH. THE COST OF THE CLASS IS \$10.00 AND YOU MUST ATTEND BOTH DAYS.

THIS CLASS IS DESIGNED TO ASSIST EVERYONE OF ALL

AGES WITH THE CHANGES THAT OCCUR WITH THE DRIVING LAWS AND WITH THE CHANGES WE INCUR AS WE AGE.

THERE ARE STILL OPENINGS FOR THE CLASS. PLEASE CALL THE SENIOR PROGRAMS OFFICE AT 740-947-5555 TO SIGN UP.



SPECIAL LUNCHEON INFORMATION AND INSTRUCTIONS ON HOW TO MAKE RESERVATIONS

SPECIAL LUNCHEONS

NOV. 14 -
THANKSGIVING

DEC. 19 -
CHRISTMAS

**CHRISTMAS IS A TIME FOR
FAMILY AND CELEBRATION.**

Please remember to make your reservations in the office. Seating is limited and the special luncheons are well attended.

Please reserve your spot today if you wish to attend.

MEMBERSHIP RENEWALS / BOOK SALE INFORMATION

IF YOU HAVE NOT RENEWED YOUR MEMBERSHIP, PLEASE STOP BY THE OFFICE AND SIGN UP.

\$5.00 FOR AN INDIVIDUAL
\$7.50 FOR A COUPLE

THIS YEAR THE BOOK SALES HAVE MADE \$ 260.00. Thanks to Juanita Bryant and the volunteers that assist Juanita for the time and effort they spend working on the book sales.



Customer Requirements for HEAP Interview

For assistance in applying for HEAP you must provide the following information:

- Proof of U.S. Citizenship or Alien Status verified by:
 - Verification of Address
 - Birth Certificate or Birth Record
 - Medical Card/VA Card
 - Green Card, if Alien

- Proof of "ALL" household gross income for the previous 13 weeks verified by:
 - All pay check stubs for everyone in the household for the previous 13 weeks. A simple year-to-date stub is not sufficient.
 - Social Security statement (SSI / SSDI) showing monthly amount provided by social security office or bank if direct deposit.
 - Child support recipients must bring in check stubs for previous 13 weeks or a statement from child support office showing previous 13 weeks.
 - TANF recipients must bring in statement from caseworker showing monthly amount for past 3 months with case number.

- Both Utility Bills (even if you are only seeking assistance with one).

Electric and Natural Gas customers: In order to be assisted for Emergency HEAP you must be within 10 days of disconnect. If your disconnect is more than 10 days you must reschedule your appointment.

For Bulk Fuel customers: In order to be assisted for Emergency HEAP you must have less than 10 days supply of fuel. If you have more than 10 days supply of bulk fuel, you must reschedule your appointment.

- If you are required to pay a co-pay to your electric company, the co-pay must be made prior to your appointment. You must contact your utility company to find out the amount of the co-pay in advance. We will no longer send co-pays thru the mail from our office.

- Social Security numbers for everyone in the household 2 years old and older.

- Date of Birth for everyone in the household.

- Rent Information:
 - Landlord's name, address, phone number, and the amount of your rent.

Program begins November 1, 2007 and ends March 31, 2008

Please call to schedule an appointment.

We will begin scheduling appointments for November on October 18, 2007 at 7:45 a.m.

E-HEAP applicants must be within 10 days of disconnect and/or have less than 10-days supply bulk fuel.

MENU IS SUBJECT TO CHANGE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat or alternate 3 oz.				CHICKEN & NOODLES GREEN BEANS BANANA ORANGE JUICE BISCUIT-2oz & MILK 1	BEEF STEW -- with Potatoes/Carrots/Celery/Onion-1/2 C. TOSSED SALAD PEARS CORNBREAD - 2oz & MILK 2
vegetable or fruit 1-cup total	PEPPER STEAK over NOODLES BROCCOLI HOMINY MIXED FRUIT WHEAT BREAD MILK 5	CREAM OF BROCCOLI - 8 oz. HAM ON BUN MIXED FRUIT ORANGE JUICE CRACKERS 6	OVEN BAKED CHICKEN WHIPPED POTATOES © SPICED BEETS ORANGE BISCUIT -- 2 oz. MILK 7	CHILI CRACKERS GARDEN SALAD APPLESAUCE PINEAPPLE JUICE SPICE MUFFIN 8	MEAT BALL IN GRAVY OVER RICE SWEET POTATOES PEAS MANDARIN ORANGE SLICES BREAD & MILK 9
Bread 1 serving Butter 1 tsp.	CLOSED FOR VETERAN'S HOLIDAY 12	SPAGHETTI / MEAT SAUCE GARDEN SALAD PEARS GRAPE JUICE ITALIAN BREAD & MILK 13	THANKSGIVING LUNCHEON TURKEY & DRESSING WHIPPED POTATOES GREEN BEANS / COLE SLAW PUMPKIN PIE / ROLL & MILK 14	MEAT LOAF PARSLEY BUTTERED POTATOES PENNY CARROT SALAD BANANA BREAD & MILK 15	HAM & BEANS / ONIONS 2" CHEESE CUBE SPINACH / VINEGAR APPLESAUCE CORNBREAD MUFFIN-2oz & MILK 16
Dessert 1/2 cp.	LASAGNA / MEAT SAUCE TOSSED SALAD GREEN BEANS PEACHES ITALIAN BREAD / MILK 19	SAUSAGE PATTY HASH BROWNED PATTY MIXED GREEN / VINEGAR BISCUITS - 2oz. STEWED APPLES 20	VEGETABLE SOUP - 8oz. BOLOGNA ON BUN CRACKERS TROPICAL FRUIT BLEND 21	AGENCY CLOSED FOR THANKSGIVING HOLIDAY 22	AGENCY CLOSED FOR THANKSGIVING HOLIDAY 23
	FISH ON BUN / TARTAR SAUCE PEAS & CARROTS COLE SLAW © MANDARIN ORANGE SLICES 26	SCALLOPED POTATOES & HAM KALE / VINEGAR CORNBREAD MUFFIN PINEAPPLES / PEACHES YELLOW CAKE / ICING 27	COUNTRY STEAK WHIPPED POTATOES PICKLED BEETS WHEAT BREAD & CARROT MUFFIN MIXED FRUIT 28	SLOPPY JOE ON BUN PICKLE SLICES OVEN BROWNED POTATOES COLE SLAW FRUIT CUP 29	CHICKEN GREEN LIMAS CARROT RAISIN SALAD BANANA BREAD & MILK 30

Choice of Beverages Available

Condiments Available

Low Sugar Desserts Available

TO OBTAIN INGREDIENT INFORMATION, CONTACT THE MANAGER AT YOUR NUTRITION SITE

DECEMBER, 2007

MENU IS SUBJECT TO CHANGE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat or alternate 3 oz.	JOHNNY MARZETTI ITALIAN VEGETABLES CORN PEARS ITALIAN BREAD & MILK 3	POTATO SOUP - 8oz. HAM ON BUN COLE SLAW MIXED FRUIT CRACKERS & MILK 4	PORKTENDERLOIN PARSLIED BUTTERED POTATOES COOKED CABBAGE APPLESAUCE CORNBREAD MUFFIN -2oz. / MILK 5	CHICKEN & NOODLES GREEN BEANS BANANA ORANGE JUICE WHEAT BREAD & MILK 6	BEEF STEW potatoes, carrots, celery, onion 1/2 cp. PEACHES TOSSED SALAD BISCUIT-2oz. & MILK 7
vegetable or fruit 1-cup total	SMOKED SAUSAGE SAUERKRAUT MASHED POTATOES TROPICAL FRUIT BLEND WHEAT BREAD MILK 10	PEPPER STEAK HASH BROWN PATTY PEA SALAD PEARS WHEAT BREAD MILK 11	BAKED CHICKEN SCALLOPED POTATOES SPICED BEETS FRUIT SALAD BISCUIT - 2oz MILK 12	CHILI GARDEN SALAD APPLESAUCE TOMATO JUICE CRACKERS MILK 13	Closing for Agency Holiday CHEESE OMELETT/SAUSAGE P. HASH BROWN PATTY STEWED APPLES ORANGE JUICE BISCUIT-2oz. & MILK 14
Bread 1 serving Butter 1 tsp.	SALISBURY STEAK OVEN BAKED WEDGES GREEN BEANS PEACHES WHEAT BREAD MILK 17	SPAGHETTI / MEAT SAUCE GARDEN SALAD PEARS ITALIAN BREAD MILK 18	CHRISTMAS LUNCHEON ROAST BEEF & GRAVY SOUR CREAM MASHED POTATOES GREEN PEPPER CORN PINEAPPLE COLE SLAW ROLL / MILK / PUMPKIN BREAD 19	MEAT LOAF HOMINY BROCCOLI PENNY CARROT SALAD WHEAT BREAD & MILK 20	VEGETABLE SOUP -- 8oz. BOLOGNA SALAD ON BUN COLE SLAW APPLESAUCE CRACKERS MILK 21
Dessert 1/2 cp.	CLOSED FOR CHRISTMAS HOLIDAY 24	CLOSED FOR CHRISTMAS HOLIDAY 25	CHICKEN & NOODLES GREEN BEANS CORN MIXED FRUIT ROLL / MILK 26	CREAM OF BROCCOLI -- 8oz HAM SW. ON BUN TOSSED SALAD PEACHES & PEARS CRACKERS / MILK 27	PORK TENDERLOIN & DRESSING SAUERKRAUT PEAS Mandarin O. Slices & Banana Slices ROLL / MILK 28
	CREAMED CHICKEN w/peas/carrots OVER BISCUIT TOSSED SALAD FRUIT CUP MILK 31				

Choice of Beverages Available

Condiments Available

Low Sugar Desserts Available

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**Community Action Committee of Pike
County, Inc.**

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Waverly, Ohio 45690

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