



# Golden Oldies Pike County Senior Center

## January & February 2012

### Dates to Remember:

January 2nd

Closed for New Year's  
Holiday

January 10th

South Eastern Ohio Legal  
Services 1:30-4:00p

January 16th

Closed for Martin Luther  
King, Jr. Holiday

January 25th

Birthday Celebration

February 6th

Dental Clinic

February 8th

Valentine's Day  
Celebration

February 13th

Dental Clinic

February 20th

Closed for Presidents'  
Day Holiday

February 29th

Birthday Celebration

**There will be no trip in January due to anticipated bad weather. If this changes, the change will be announced during the noon luncheon announcements.**

**Thank You**

**There will be no trip in February due to anticipated bad weather. If this changes, the change will be announced during the noon luncheon announcements.**

**Thank You**

For information about these trips or trips in the future, please contact A.J. or Shelley.  
Please contact CATS between 3:00pm -5:00pm  
the day before each trip to schedule or cancel a reservation for a trip

Senior Advisory Council

★ ★ ★ ★  
**Bob Downing, Kathryn Pendleton,  
Wilma Jean Mangan, Ruby Dixon,  
Larry Teeters, Peggy Mickey,  
Wanda Lawson, Elinor Setty,  
Joan Cox, Joyce Borders, Walter Dawson,  
Blaine Beekman, Juanita Bryant,  
Lillie Mae Murray, Fred Charles**

**Alternate Board Members: Pat Baker and**

**Welcome Norma Lemaster**

**Senior Advisory Council Meetings:**

**Wednesday, November 30, 2011 at 1:00 p.m.**

**Wednesday, December 28, 2011 at 1:00 p.m.**

**Senior Programs  
are always in need of donations, as  
well as volunteers. Please let the  
office staff know if you would like to  
make a donation or  
volunteer.  
Thanks!**

**The Home Delivered Meal  
Program needs volunteer drivers.  
If interested please contact  
Shelley Lyon at  
740-947-5555**

## **Thanks for your Donations!!!**

### **Items Donated**

**11/01/11 thru 11/30/11**

- Bethel Fox - Coffee & Napkins
- Diane Renner - Plant Stands
- Thelma Ealey - Coffee
- Ellen Wills - Fabric
- Norma Lemaster - Plates, Napkins, Necklace, & Earrings
- Wanda Lawson - Plats & Forks
- Stephen & Donna Richmond - Tom
- Juanita Bryant - Get well cards
- Don & Betty Stroud - Quilt
- Lavonne Prall - Books
- Judy Delong -
- Denver Kennison - Printer & Mens Shirts
- Ron & Linda Campbell -
- Deborah Daniels - Books
- ? Hale
- Jeanette Leaker - Christmas Center Piece

### **Items Donated**

**12/01/11 thru 12/15/11**

- Judy Foster - Books
- Pat & Clair Baker - Coffee & Monetary Donation
- Thomas Skinner - Books & Bibles
- Diane Renner - Hot Dog Buns
- Bernie James - Monetary Donation
- Ruth Dunham - Coffee & Creamer
- Kathryn Pendleton - Napkins & Cookies

### **Donations Needed:**

- ⇒ Books
- ⇒ Computer Paper
- ⇒ Coffee, Tea, Napkins, Creamer, Coffee Filters
- ⇒ Forks & Paper Plates

### **SENIOR CENTER DUES REMINDER:**

2012 Membership fees are now due. Membership fees have increased as of January 1, 2012. The new rates are \$7.50 for a single and \$10.00 for a couple. Please see A.J. or Shelley in the office to pay your dues.

## *Celebrating October Birthdays*



Pictured from left to right: Betty Turner, Marvin Turner, Jan Tackett, Bea Teeters, Don Beavers, Bill Rothley, Judy Bucy

## *Celebrating November Birthdays*



Pictured from left to right: David Hoylman, Jeff Wilkins, Gary Brinkman, Connie McQuay

# Blow out the Candles!

## January Birthdays

Rita Chaney - 1	Hattie Brumfield - 11	Elma Cade - 19
Norma Horn - 1	Murray Gallagher - 12	Dorothy Collier - 19
Wand Lawson - 1	Helena Pappas - 12	Joanne Roberts - 19
Margie Manning - 1	Ronald Ramey - 12	Jeanette Leaker - 20
Helen Mitchell - 1	Frank Hornback - 13	Juanita Ramey - 20
June Wells - 1	Linda Milam - 13	Donna Richter - 21
Glen Noble - 2	Bessie Mosley - 13	David Woods - 21
Mary Ann Baker - 3	Christine Nance - 14	Sondra Crabtree - 22
Edna Lansing - 4	William Estep - 15	Virginia Wright - 22
Marjorie Johnson - 5	Allen Heinmiller - 15	George Hendricks - 23
Martha Whitehouse - 5	Vivian Pelfrey - 15	Lillith Adams - 24
Judith Harrell - 6	William Shipe - 15	Barry Arledge - 24
Mary Keller - 6	Jerrald Yetter - 15	Keith Smith - 24
Doris Wendel - 6	Joan Amlin - 16	Mary Dicus - 25
Linda Harbert - 7	Enoch Teeters - 16	Donna Good - 25
Martha Osborn - 7	Sharon Evans - 17	Susan Downing - 27
Perly Baker - 8	Edward Montgomery - 17	Betty Branham - 28
William Hackney - 9	Jim Tackett - 17	Roy McNutt - 28
Rosemary Pollard - 9	James Greenhill - 18	Fred Oyer - 30
Louise Salyer - 9	Wilma Mangan - 18	Buenal Agee - 31
Nancy Brigner - 10	Sandra Cruse - 18	Joseph Deck - 31

## February Birthdays

Ray Auton - 1	Russell Lucas - 10	Julie Jessee - 20
Linda Brewster - 1	Esther Clark - 10	Barbara Williams - 22
Virginia Burton - 1	Albert Shreck - 10	Mary Whitt - 23
Sandra Crace - 2	Fannie Kreis - 12	Hannah Williams - 23
Toby Helton - 2	Jesse Williams - 12	Loreen Colegrove - 24
Dorothy McCreary - 2	Margaret Boss - 13	Gene Crawford - 24
John Mcdowell - 2	Jessie Dalton - 13	Regina Cox - 25
Betty Stroud - 2	Maybelle Manbeavers - 13	Roscoe Mickey - 25
Russell Burton - 3	Violet Hurles - 14	Kathy Middleton - 25
Laurel Wickham - 4	Gerald Weaver - 15	Judy Newman - 25
Mia Bernhardt - 5	Susanne Alter - 15	Chester Osborn - 25
Robert Blenke - 5	Williard Clay - 16	Charlotte Short - 25
Marilyn Watts - 5	Judy Johnson - 16	Muriel Hall - 26
Peggy Carter - 7	Maxine Gilbert - 17	Lundy Howard - 26
Sarah Murray - 8	Joyce Borders - 18	Mary Colegrove - 27
Richard Bright - 9	Leon Deardorff - 20	Ruby Dixon - 27
Denver Kennison - 9	Ann Dixon - 20	Paul Brownfield - 28
Diana Daily - 9	Michael Gilpin - 20	Georgia Slone - 28

# Tile Wall Campaign



In order to more permanently recognize those individuals and businesses from our community who contribute financially to the development and operation of Pike County Senior Center and to create financial resources for the support of existing essential services and the development of new services, the Pike County Senior Center proudly announces the commencement of the "Tile Wall Campaign."

Participating individuals and businesses in this campaign shall have their names embossed upon tiles that will be permanently displayed on the tile walls located within the Senior Center as depicted in our brochure.

In order to ease the financial burden on contributors, individuals, and businesses may choose the option of "pledging" their contribution over a specific timeframe, as listed on the pledge form.

All contributions will be held solely for development and operation of the Pike County Senior Center. Contributions will be subject to audit and reported upon monthly to the Board of Directors of the Community Action Committee of Pike County and the Pike County Senior Advisory Council. Expenditures from this account shall require the approval of the Board of Directors of the Community Action Committee of Pike County.

## SPONSORSHIP

### 1. BECOME A TILE WALL SPONSOR

#### A. FRONT DOOR ENTRANCE TILE WALL

- FRIENDS  
1 1/4" X 5" BRICK PRINT 2 LINES \$ 100+
- SPONSORS  
1 3/4" X 7" BRICK PRINT 2 LINES \$ 250+

#### B. SIDE-DOOR (ACROSS FROM CAFÉ) TILE WALL

- SILVER  
2 1/8" X 7" BRICK PRINT 3 LINES \$ 500+
- GOLD  
2 1/2" X 7" BRICK PRINT 3 LINES \$1,000+
- PLATINUM  
3" X 8" BRICK PRINT 3 LINES \$2,500+
- DIAMOND  
4" X 10 3/4" BRICK PRINT 4 LINES \$5,000+

### 2. MAKE A GIFT OF APPRECIATION

- LISTED (GOLD TAG) ON WOODEN PLAQUE  
IN CENTER HALLWAY (1 LINE) \$ 25.00
- IN LOVING MEMORY OF \_\_\_\_\_
- OR
- IN APPRECIATION OF \_\_\_\_\_

MAKE CHECKS PAYABLE TO THE PIKE COUNTY SENIOR CENTER.

OR

YOUR DONATION IS TAX DEDUCTIBLE.

#### Bank Information for ACH Deposits

Bank Name/Address: \_\_\_\_\_

Account# \_\_\_\_\_

Routing # \_\_\_\_\_

Donor's Signature: \_\_\_\_\_

Date \_\_\_\_\_

# Tile Wall Sponsors

## **Friends \$100.00+**

Enoch & Beatrice Teeters  
Vivian Pelfrey  
Claire Dixon Carrier  
Jerrold A. & Graceanna J. Yetter  
Jack & Wilma Weeter  
Willis & Stella Hamilton  
Ezra E. & Cleo M. Teeters  
Mike & Pearl McFarland  
Perley C. Baker  
Patricia Lemaster  
Lynn Goble  
Edna Lansing  
Fraternal Order of Eagle Aeries

## **Sponsors \$200.00+**

Ronald & Linda Campbell  
Lije & Jean Horn  
Harvey Whaley & Family  
Fred & Lola Charles  
Jack & Linda Harbert  
Randy & Paula Benner  
Juanita A. Bryant  
Pike County Community Action Senior Companion Program  
General Electric  
Joseph & Edna Malargio

Please contact (740) 947-5555, if interested in sponsoring the Pike County Senior Center Tile Wall Campaign.

# Tile Wall Sponsors

**Silver \$500.00+**

Bruce & Sue Hanni

**Gold \$1000.00+**

Mary Bevens

**Diamond \$5000.00+**

Boyer Funeral Home  
Sue & Bruce Hanni

Please contact (740) 947-5555, if interested in sponsoring the Pike County Senior Center Tile Wall Campaign.

# B-I-N-G-O

Tuesday's,  
Thursday's,  
and  
Friday's  
10:30-11:30am  
Seniors only  
\$.20 per card  
Enjoy fresh  
popcorn  
provided by the  
Bingo  
Committee  
and popped by  
Volunteers.



## Euchre

**Tuesdays at 12:30 pm in the Senior Center Lounge. Come and join in on a good old game of cards!**



## Guitar Lessons:

Friday's from 9:30-11:00am.

No charge for lessons.

Esteban learning tapes and two Esteban guitars are available for use or bring your own guitar.

Lessons are taught by the very talented

Christine Nance!

Come strum with us!



**Crafts**  
**Crafts**  
**Crafts**



# Time Out Cafe!

**Breakfast Bar on Tuesdays and Fridays!**

**Salads made to order daily**

**Ice Cream Sundaes & Cones**



A few of the guys from the "Grumpy Old Men's Club". They come once a month to enjoy the breakfast at the Time Out Café.

Each Tuesday and Friday from 8:30-10:00am, the Time Out Café at the Senior Center will be serving Breakfast!

### MENU:

2- Biscuits and Gravy: \$2.50

Sides- \$.50 each

⇒ Scrambled Eggs

⇒ Hash Browns

⇒ Sausage

⇒ Stewed Apples

**Delivery Orders can be taken as early as 8:30am**

**Now serving salads and Soup of the Week with a sandwich**

Large Salad for \$5.00

Small Salad for \$3.00

**A bowl of soup/whole sandwich \$6 non seniors \$4 seniors**

**A bowl of soup/half sandwich \$5 non seniors \$3.50 seniors**

## Book Club In - A - Box

Book club is a great way to read a good book and then discuss it with a group of people. We are always looking for suggestions for books to read and welcome readers to become members.

Anybody interested in joining the book club, please see Shelley.



## Craft Room Hours:

The craft room is open

Monday - Friday from

8:30 until 2:00pm.

Come shop and bring a friend. All

proceeds from sales

sponsor items

and projects for seniors!

**THE CRAFT COMMITTEE IS RECRUITING VOLUNTEERS! PLEASE SEE WANDA IN THE CRAFTS DEPARTMENT.**



# Entertainment

The Pike Senior Center Jamboree. Every Tuesday at 7:30 pm—10:00 pm at the Pike County Senior Center. Come and listen to Country Music, Gospel, Bluegrass, Pop tunes, or even some good Oldies. All are welcome and donations are appreciated. Don't forget the Pike Pickers Her every Wednesday from 11:00-12:00.

No



Karaoke!!!!  
January/February  
dates have been set.

## Lunch Served Daily

Reservations are encouraged for the noon meal. Please call (740)947-5555 by 1:00pm the day before or make a standing reservation. Can't keep your reservation? **No Problem, Please call or cancel by 9:00 a.m.** on your reservation day. **Suggested donation: \$2.50 for senior 60 or older. Fee for Non-Seniors and Visitors: \$4.00.**

## Activities Continued:

### Computer Basics, Keyboarding, & Advanced Classes

Join and learn how fun and useful the computer is to everyone at any age. Julie DeCamp of Westmoreland Place has teamed up with the Pike County Senior Center (A.J. Pritchett), to offer computer classes. Space is limited so please sign up by calling the Pritchett. Classes are vary so please see the



Senior Center and talking to A.J. held every Wednesday but times enclosed calendar!

### Dulcimer Lessons

Monday 's 1:00 to 2:30pm in the Senior Center Lounge. Dulcimers can be rented for \$10/month or purchased for \$60. Lessons are taught by Gary Sager, owner of the Prussia Valley Dulcimer.



### New & Used Books

#### For Sale

Monday thru Friday from 8:00am to 4:30pm. Books are \$0.25 each. Tell your Friends! Remember money made buys the coffee, tea, sugar, creamers, etc...Please help support the book sales. Donations of used books are always accepted and greatly appreciated.

### Cranberry Salad

By

#### Claire Carrier

16oz Chocolate Chips  
2Tbl. spoon Shortening  
1 lb. Fresh Strawberries

1. Insert tooth picks in tops of strawberries
2. In a double boiler, melt shortening and chocolate. Stirring occasionally until smooth. Holding them by the toothpick insert them into the chocolate mixture.
3. Turn upside down and stick into Styrofoam and wait for chocolate to dry.

## FRIDAY NIGHT DANCE

Friday's 7:00pm to 10:00pm  
**\$3.00 for Seniors.**

**Square dance, line dance, and slow dance.**

**Come dance, make friends, and enjoy good music and refreshments!  
Bring a friend!!!**



## Want to learn to Country Dance?

Dick & Judy Bright will be instructing a Country Dance Class at the Pike County Senior Center. Every Wednesday in November & December from 5:30 - 6:30  
**NO CHARGE!**

# Exercise Classes

## Exercise by Pleasant Hill Manor's Activity Department!

The Monday Exercise Class from 10-10:40am will focus on Health and Wellness. Did you know that just 30 minutes of exercise a day can promote health and wellness and can decrease the risk of cardiovascular disease, decrease signs of depression, improve mental clarity, and prevent falls, among many other benefits? This will be an open exercise group so please feel free to ask questions and bring suggestions of what you enjoy. Wear comfortable clothes and join in! The last Monday of every month. Those involved in that class will be entered in a drawing to win a gift card. Between Betty Swick, Angel Colley, Terri Christman, Bee Pinkerton, and Rosemary Shanton, Pleasant Hill Manor employees combine for over 73 years of experience!



## Nutrition Class

The Ohio State University Office provides a nutrition class every Monday from 11:00 - 11:45am. Nutrition tips from Sherry Williams. Sherry enjoys sharing information about nutrition and fun ways to stay healthy and happy.



## Hearing Aid Repair & Services

Melody Wipert,  
BC-HIS of

The Better Hearing Place will be donating her time monthly from 1-4:00pm. Melody is a board certified Hearing Instrument Specialist. She will clean and repair hearing aids as well as provide hearing screenings. She will also have batteries and other items that you may need to maintain your hearing aids. Please call Melody's office toll free at 1-877-799-4327 to schedule a free hearing exam! Remember the first Friday of every month for your hearing needs!



## Zumba!!!!

Zumba is a Latin inspired dance/fitness class with dance movements, which creates a dynamic, exciting, and effective fitness system. Zumba integrates some of the basic principles of aerobic interval and resistance training to maximize caloric output, cardiovascular benefits, and total body toning. Zumba is indeed great for the mind, body, & soul. Instructor for the class is Autumn Adams, a certified Zumba Instructor. Wear comfortable clothing and bring a small towel.



**Class Times:** Tuesdays: 6 - 7:00pm  
Thursdays 6 - 7:00pm

**Zumba Stretch** Sundays: 4 - 5:00pm

**Cost:** Non - Seniors: \$4.00  
CAC Employees: \$3.00  
Seniors 60+: **FREE**

## Blood Pressure Readings

Every Wednesday from  
10:30-11:30 by CAC  
Home Health  
Department.  
Free for Seniors!



## Southeastern Ohio Legal Services (SEOL)

(Free attorney services for Ohio Seniors.)

Attorney's from the Southeastern Ohio Legal Services are available to assist seniors free of charge.

Call 1-800-686-3668  
to schedule an appointment.  
SEOL will be at the  
Senior Center

1:30-4pm on January 10, 2012



## CHECK OUT THE SENIOR CENTER ON FACEBOOK!

Search for username:  
**Pike County Senior Center**  
Get daily updates of events and activities  
happening here at the center.

*Bristol Village*

Come Home to the Village™  
660 E. 5th Street  
Waverly, Ohio 45690  
anewlun@nci.org



## New Rental Options Available!

- Experience carefree retirement living at its best!
- Active adult community/resident-led activities
  - Individual houses/home maintenance included
  - A complete continuum of care

Call Amy Newlun to discuss your options &  
schedule your personal tour: 1-800-223-9766

**Thank You**

**Thank You**

**Thank you Boyer  
Funeral Home for supporting  
our Computer Program!**

**Thanks!!  
Westmoreland Place and Julie DeCamp for  
sponsoring WI-FI at the Senior Center!  
WI-FI is up and  
running so bring your  
laptop computer, sit down and surf the web,  
relax and enjoy!!**

**Thank you Traditions at  
Bristol  
Village for delivering  
meals!**

**Thank you to all of the instructors for your time!**

**Pleasant Hill: Exercise  
Christine Nance: Guitar  
Gary Sager: Dulcimer  
Dick and Judy Bright: Dancing**

**Thank you  
Pleasant Hill Manor for  
sponsoring the monthly  
birthday  
parties at the  
Senior Center.**

**Thanks  
Piketon  
nursing  
Center for calling Bingo on  
Tuesday  
Mornings!!**

Volunteers are needed for the following Pike  
County Senior Center positions:

Afternoon Receptionist  
Meal Drivers  
Snack Bar Attendant  
Janitor

**BINGO AND TUESDAY AFTERNOON EUCHRE  
PARTICIPANT GUIDELINES:**

- There must be at least 10 people to hold Bingo.**
- The ratio of Bingo Prizes to Bingo Participants will be at the discretion of the Bingo Committee.**
- All Bingo and Tuesday Euchre Participants must be 60 years old or disabled.**
- At least one Committee member must be present for the activity to be held.**
- When schools are cancelled due to inclement weather, these activities are cancelled.**
- If there are any questions concerning these activities, please contact the committee members.**

**Missed Bake Sale Volunteers**

**The following names were missed in the last newsletter recognizing those who helped with the bake sale. We deeply apologize for this error.**

Mary Colegrove  
Joy Borders  
Elinor Setty  
Connie McQuay

Reminder from the Senior  
Advisory Council:  
Solicitation should not  
occur on the Pike County  
Senior Center premises.



## Giving Back to Our Communities!

**Enroll** now for the 2011 Kroger Community Rewards Program. All Participants must **re-enroll** this April 2011 to continue earning awards during the coming year.

We will be providing more information about re-enrolling at a later date.

*It's Easy... just shop, swipe your card & earn!*

**Giving more back to the community!**

Kroger is committed to helping our communities grow and prosper. Year after year, local schools, churches and other non-profit organizations will earn millions of dollars through our Community Rewards Program.

The Kroger Community Rewards Program was designed to make your fundraising the easiest in town by simply using your Kroger Plus Card.

The Senior Center will assist you in enrolling or re-enrolling into the Community Rewards Program. You don't need a computer we will do the work for you in just a few minutes. You still get your points and discounts, while the Senior Center gets free money while you shop.

Stop in and let us enroll you.

Thank you for supporting the Senior Center!



# BOTKIN

Funeral Home

Waverly  
(740) 947-2313  
Otway  
(740) 372-4191

314 E. North St.  
Waverly, Ohio 45690  
[info@botkinfuneralservice.com](mailto:info@botkinfuneralservice.com)

*Personalized Service Since 1957*



**Angela J. Dudit**  
Public Affairs Manager, American Centrifuge

P.O. Box 628, 3930 US Rt 23 S  
Piketon, OH 45661  
[www.usec.com](http://www.usec.com)

Off 740-897-2457  
Fax 740-897-2960  
Cell 740-835-7450  
[duditaj@usec.com](mailto:duditaj@usec.com)

The Community Action Committee of Pike County continues to assist customers with applications for SafeLink wireless cell phones.

Already have a SafeLink phone? We can also help you with your annual re-verification application.

For more information or to schedule an appointment, contact the Community Action Committee of Pike County Social Service Department at 740-289-2371 Monday - Friday 8:00 am to 4:30 pm, or TDD 740-289-2608. Senior Citizens may contact the Pike County Senior Center at 740-947-5555 Monday - Friday 8:00 am to 4:30 pm for more information.

# THE *Ohio* BENEFIT BANK

neighbors helping neighbors



## A Boon for Ohio's Economy

The Ohio Benefit Bank is an internet service that is available for Ohioans who are in need of help. Through no fault of their own, many Ohioans are being forced to make tough decisions each and every day, such as choosing between paying rent or buying food. In an effort to eliminate such choices from having to be made and to help Ohioans gain access to programs that are available for those in need, The Ohio Benefit Bank is now available at your fingertips!

Nationally over \$49 billion in Federal funds for low and moderate income families go untouched each year, nearly half of which are available in the Supplemental Nutrition Assistance Program (SNAP).

In Ohio, more than \$1.7 billion dollars in tax credits and work support programs are unclaimed by Ohio citizens.

Nearly 95% of those benefits and credits are Federal dollars.

The goal of The Ohio Benefit Bank is to connect eligible Ohioans to tax credits and work supports. When claimed, these funds can have a significant impact on Ohio's economy, by maximizing the benefits provided to eligible Ohioans and stimulating economic development for local communities where the funds would be spent.

## Available Programs

Programs supported by The Ohio Benefit Bank are available to help Ohioans, including those that are working. These programs can provide resources to individuals who may be having a hard time making ends meet, while boosting the money spent in our communities.

Ohioans can apply for programs such as SNAP (formerly Food Stamps), Golden Buckeye Card, Healthy Start and Healthy Families, Medicaid, Ohio Works First, Medicare Rx Extra Help, Free Application for Federal Student Aid (FAFSA), and Federal and State taxes.

## Getting help is easier than you think

See what programs are available, what some of the eligibility requirements are when applying or check your potential eligibility in as little as 90 seconds!

The Community Action Committee of Pike County has trained counselors available to assist you with The Ohio Benefit Bank applications. These Counselors assist those in need with the completion and submission, either manually or electronically, of applications for various state and federal benefits, along with many other forms of community supports.

To learn more about each of the programs supported by The Ohio Benefit Bank or to schedule an appointment, contact the Community Action Committee of Pike County Social Service Department at 740-289-2371 Monday – Friday 8:00 am to 4:30 pm, or TDD 740-289-2608. Senior Citizens may contact the Pike County Senior Center at 740-947-5555 Monday – Friday 8:00 am to 4:30 pm for more information.

# C.A.C. Home Energy Assistance Program - Pike County Senior Center

## Winter Crisis Program 2011-2012

Effective November 1, 2011 through March 31, 2012

The Winter Crisis Program is a federally funded program designed to help eligible Ohioans meet the rising cost of home heating during the winter months. Applicants must meet 200% of Federal Poverty Guidelines. The Winter Crisis Program can prevent disconnection of heating utilities and restore heating services to households that have been disconnected. The program can also pay for an emergency delivery of bulk fuel for households with less than 10-day supply or (25% or less) of bulk fuel. Households may receive assistance with Winter Crisis Program one time during the program.

**Regulated gas and electric:** The utility must be shut off or a shut-off notice received. Households can receive up to \$175 total. The \$175 payment will stop disconnection, transfer services, or restore services for both regulated utilities. This is a one-time benefit and both utilities must be taken care of at the time of application.

**Non-regulated electric:** The utility must be shut off or a shut-off notice received. Households can receive up to \$450. The \$450 can be used to stop disconnection, transfer service or restore service. If \$450 is not enough to cover the emergency, contact your utility for co-payment requirements.

Bulk fuel assistance is available in various amounts depending upon the type of fuel. Please bring a bulk fuel account number and your vendor name along with your current electric bill when applying for bulk fuel assistance.

C.A.C. will also assist homeowners with the repair of primary heating systems up to \$175.

### Income guidelines:

1 person:	up to \$21,780
2 people:	up to \$29,420
3 people:	up to \$37,060
4 people:	up to \$44,700
5 people:	up to \$52,340
6 people:	up to \$59,980
7 people:	up to \$67,620
8 people:	up to \$75,260

Add \$7,640 for each additional member for households with more than eight (8) members.

The Pike County Senior Center can accept only nine (9) walk-in appointments each Thursday for senior citizen households.

Our offices open at 8:00 am.

Walk-ins must be already disconnected, or have a disconnect notice for that day or the next day, or be totally out of fuel.

All others must call to schedule an appointment or return as a Walk-In another day.

740-947-5555 (TDD 740-289-2608)

At the time of your walk-in or scheduled appointment you must have all of the following:

- Current documentation of all household income for 13 weeks prior to the appointment date.
- A valid photo ID for all adults 18 years of age or older.
- Proof of US citizenship and proof of disability.
- Social security cards and birth certificates for all household members
- Current utility bills from AEP and Pike Natural Gas. Bills must be in the name of an adult household member to receive assistance with PIPP Plus.
- Current utility bills from non-regulated electric. Co-pay requirements must be discussed with your utility and paid prior to the interview.
- A copy of a bulk fuel bill with your account number and vendor name.
- Rent receipt. Copy of lease or landlord statement if heating bill is in landlord's name.
- DJFS case number, if receiving assistance.



Pike County Senior Center  
402 Clough Street, Waverly, Ohio 45690  
740-947-5555 (TDD 740-289-2608) <http://www.pikecac.org/>



The following documentation is required for Winter Crisis Program appointment:

**Proof of gross household income for the past 13 weeks verified by the following:**

Social Security, SSI, SSDI, Pension, Veterans (VA), Retirement, School Employees Retirement System:

Award letter (current year), copy of check (current), or bank statement (if check is direct deposited)

Unemployment, Employment Disability, Worker's Compensation:

Award letter with clarification of amounts, or copy of check with explanation letter, including company name and address

Wages:

*Pay stubs showing gross income* for the past 13 weeks (customer must provide the last 13 paystubs for weekly wages or the last 7 paystubs for bi-weekly wages). If missing pay stubs, a statement from the employer showing gross income for the past 13 weeks is required. The statement must include employee name, pay dates, gross wages, deductions, company name, address and phone number.

Self Employment

Most recently filed tax returns -- a signed IRS Form 1040 with Forms and Schedules

OWF/TANF

Copy of check, or ODJFS statement

Interest or IRA profits

Bank statement (if direct deposited)

Utility Allowance

A lease or housing authority documentation

Divorce Settlements, Child/Spousal Support, Alimony

Copy of checks, with oral clarification, or a statement from ODJFS or Child Support agency, or a bank statement if direct deposited. Court documents will be accepted for proof of alimony.

Monetary Assistance

A signed letter from the person giving the applicant money including the amount(s) and the frequency of assistance.

No Income/Zero Income

A signed OCS Self-Declaration Form (provided at the interview) explaining how the customer is surviving and/or maintains their household. This form must explain in detail the customer's source of maintaining shelter; receiving food, etc.

Non-Discretionary Income

If payments for rent, utilities, etc. are paid directly to the payee (gas co., landlord, etc.) *and* this is documented from a signed letter of the person who paid the bill or a cancelled check, etc., this is considered Non-Discretionary income and would not be counted.

**Proof of Residence:** A copy of your lease or a utility bill with your name and address. Note: In order to qualify as a separate household, there must be a *separate* bath and kitchen and utility meter.

**Current Electric and Main Heating Bills:** Both main heating and electric bills are required for the face-to-face interview. If the utility is in the landlord's name and will not allow it to be changed and the customer is responsible for the bill, the customer can be assisted; however, documentation in the form of a lease, or a statement from the landlord, stating the customer is responsible for the bill is required. Also required is a copy of the bill showing the account number. If the utility bill is in the name of an adult living outside of the household, that adult must have power-of-attorney to represent the applicant or must transfer the electric account to the applicant.

**Proof of Co-Pay:** If the utility requires more than the maximum allowable amount to guarantee service for 30 days, any amount over the maximum allowable amount is called a "Co-Pay." Documentation that the co-pay was paid must be provided at the HEAP interview.

**Verification of Social Security Numbers** are required for all household members. Copies of Social Security cards fulfill this requirement.

**Proof of US Citizenship** such as birth certificate/hospital record, military service record, US passport or voter registration card should be provided for all household members; however it is required for the primary applicant. Non-US citizens must provide proof of Alien Status.

**Proof of Disability** is required for the face-to-face interview for any household which has a member who is classified as permanently and totally disabled by a state or federal agency.

**Date of Birth** for all household members is required.

**Landlord information:** Landlord name, address, phone number, and amount of rent must be provided.

# C.A.C. Home Energy Assistance Program

## OHIO PIPP PLUS

### Ohio's New Percentage of Income Payment Plan

PIPP Plus is an extended payment arrangement that requires regulated gas and electric companies to accept payments based on the households monthly income. The total gross household income must be within 150% of

Federal Poverty Guidelines to be eligible for PIPP Plus. The PIPP Plus payment plan makes payments more affordable year-round and helps clear PIPP debt for customers who pay their bill in full and on time each month.

#### Affordable Monthly PIPP Plus Installments

- 6% of monthly income for Gas
- 6% of monthly income for Electric
- 10% of monthly income for All Electric
- \$10 minimum payment for zero income for both utilities.

#### On-time Payment Incentives

- Each time a customer makes the required PIPP Plus monthly installment payment on time and in full, the customer receives a credit for the billing difference and a credit toward the previous arrearages (old debt).

At the time of your appointment you must have all of the following:

- Current documentation of all household income for 13 weeks prior to the appointment date.
- A valid photo ID for all adults 18 years of age or older.
- Social security cards and birth certificates for all household members
- Current utility bills from AEP and Pike Natural Gas. Bills must be in the name of an adult household member to receive assistance with PIPP Plus.
- Rent Receipt. Landlord name, address and phone number.
- DJFS case number, if receiving assistance.

#### PIPP Plus Income guidelines:

1 person:	up to \$16,335
2 people:	up to \$22,065
3 people:	up to \$27,795
4 people:	up to \$33,525
5 people:	up to \$39,255
6 people:	up to \$44,985
7 people:	up to \$50,715
8 people:	up to \$56,445

Add \$5,730 for each additional member for households with more than eight (8) members.

Pike County Senior Center schedules PIPP Plus appointments by phone

Monday through Friday - Our offices open at 8:00 am.

Please call to schedule an appointment

740-947-5555 (TDD 740-289-2608)

#### PIPP Plus Graduate Program:

- Has your income increased and you are no longer eligible for PIPP Plus?
- Has the size of your household changed that makes you over income for PIPP Plus?
- Is PIPP Plus no longer the best payment option for you, but you need assistance with arrearages?
- For these and other reasons you may switch to Graduate PIPP Plus (Grad).
- Grad is a 12-month program. Make your payments on time and in full for all 12 months and you will eliminate your arrearages.
- All payments must be paid up to date with PIPP Plus before you can transfer to Grad.

#### Post PIPP Plus Program:

Are you moving? Are you a PIPP Plus customer? If you are moving and have a different electric utility, and you still owe PIPP Plus arrearages to your old electric utility, then, you are eligible for Post PIPP Plus. Here is what you need to do:

- You must contact your old utility and set up your payment plan.
- Every time you pay 1/60th of your old arrearages you will be given credit for 1/12th of the arrearages.
- By making twelve 1/60th payments in a row you will reduce your electric arrearages and improve your credit score.
- You must act quickly. Post PIPP Plus is only available 12 months from the date you cancel service. Any amounts that are not credited by the end of the 12 months, you will have to pay.

#### Removal from the PIPP Plus Program:

- If customers miss their PIPP Plus installments, they can be removed from the program, their utilities shut-off, and their entire account balance may become due.
- Gas PIPP Plus customers will have 30 days from their PIPP Plus anniversary date (shown on the bill) to make up any missed installments, or they will be removed from PIPP Plus.
- If customers do not re-verify their gross monthly household income at least one time every 12 months, they will be removed from PIPP Plus.
- To keep their energy usage as low as possible, PIPP Plus participants must agree to take advantage of any energy efficiency programs offered.



Pike County Senior Center  
402 Clough Street, Waverly, Ohio 45690  
740-947-5555 TDD 740-289-2608 <http://www.pikecac.org/>



# Activities for January 2012!

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 EXERCISE CLASS 10:00-10:40AM NUTRITION 11:00AM DULCIMER LESSONS 1:00-2:30	3 CRAFTS 9:00AM-2:30PM BINGO 10:30-11:30AM EUCHRE 12:30PM ZUMBA 6:00-7:00PM WAVERLY JAMBOREE 7:30-10:00PM	4 BLOOD PRESSURE 10:30-11:30AM MUSIC 11-12:00 PM DANCE LESSONS 5:30-6:30PM	5 BINGO 10:30-11:30AM COMPUTER BASICS 9:30-10:30 ADVANCED COMPUTER 10:30-11:30 ZUMBA 6:00-7:00PM	6 GUITAR LESSONS 9:30-11:00AM BINGO 10:30-11:30AM DANCE 7:00-10:00PM	7 ZUMBA CANCELLED
8	9 EXERCISE CLASS 10:00-10:40AM NUTRITION 11:00AM DULCIMER LESSONS 1:00-2:30	10 CRAFTS 9:00AM-2:30PM BINGO 10:30-11:30AM EUCHRE 12:30PM ZUMBA 6:00-7:00PM WAVERLY JAMBOREE 7:30-10:00PM	11 BLOOD PRESSURE 10:30-11:30AM MUSIC 11:00-12:00PM DANCE LESSONS 5:30-6:30PM	12 COMPUTER BASICS 1:00-2:00 BINGO 10:30-11:30AM MATURE WORKERS 2:00-4:00 ZUMBA 6:00-7:00PM	13 GUITAR LESSONS 9:30-11:00AM BINGO 10:30-11:30AM DANCE 7:00-10:00PM	14 ZUMBA CANCELLED
15	16 EXERCISE CLASS 10:00-10:40AM NUTRITION 11:00AM DULCIMER LESSONS 1:00-2:30PM	17 CRAFTS 9-2:30 BINGO 10:30-11:30AM EUCHRE 12:30PM ZUMBA 6 - 7:00PM WAVERLY JAMBOREE 7:30-10:00PM	18 BLOOD PRESSURE 10:30-11:30AM MUSIC 11-12:00 PM DANCE LESSONS 5:30-6:30PM	19 BINGO 10:30-11:30AM COMPUTER BASICS 9:30-10:30 ADVANCED COMPUTER 10:30-11:30 ZUMBA 6:00-7:00PM	20 GUITAR LESSONS 9:30-11:00AM BINGO 10:30-11:30AM DANCE 7:00-10:00	21 ZUMBA CANCELLED
22	23 EXERCISE CLASS 10:00-10:40AM NUTRITION 11:00AM DULCIMER LESSONS 1:00-2:30PM	24 CRAFTS 9:00-2:30 BINGO 10:30-11:30AM EUCHRE 12:30PM ZUMBA 6:00 - 7:00PM WAVERLY JAMBOREE 7:30-10:00PM	25 BLOOD PRESSURE 10:30-11:30AM MUSIC 11:00-12:00PM DANCE LESSONS 5:30-6:30PM  Senior Advisory Council Meeting 1:00PM	26 COMPUTER BASICS 1:00-2:00 BINGO 10:30-11:30AM MATURE WORKERS 2:00-4:00 ZUMBA 6:00-7:00PM	27 GUITAR LESSONS 9:30-11:00AM BINGO 10:30-11:30AM DANCE 7:00-10:00PM	28 ZUMBA CANCELLED
29	30 EXERCISE CLASS 10:00-10:40AM NUTRITION 11:00AM DULCIMER LESSONS 1:00-2:30PM	31 CRAFTS 9:00-2:30PM BINGO 10:30-11:30AM EUCHRE 12:30PM ZUMBA 6:00-7:00PM WAVERLY JAMBOREE 7:30-10:00PM	30			

# MENU: January 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	2	3	4	5	6	7
<b>Menu Subject to Change</b>	Herb-Baked Chicken Baked Yams Kale Fruit Cocktail Roll Vanilla Pudding	Southwest White Chicken Chili Garden Salad w/ Dressing Cornbread Crackers Mixed Fruit Cup	Sausage Gravy Scrambled Eggs Fried Apples Tomato Juice Biscuits Orange Juice	Breaded Fish Sandwich on Bun Buttered Carrots Cram of Broccoli Soup Pineapple	Open-Faced Hot Roast Beef Sandwich on Texas Toast Whipped Potatoes and Gravy Green Beans Banana	
8	9	10	11	12	13	14
	Meatloaf Whipped Potatoes w/ Gravy Oriental Vegetables Whole Grain Bread Tangerine	Glazed Baked Ham Scalloped Potatoes Buttered Mixed Vegetables Pears Whole Grain Bread Angel Food Cake	Turkey Sandwich With Lettuce and Tomato Cream of Potato Soup Broccoli/Cauliflower Salad Grape Juice	Swedish Meatballs Noodles Flame-Roasted Peppers & Onions Green Beans Whole Grain Bread Peaches	1/2 Ham Sandwich Navy Bean Soup Cold Pickled Beets Cornbread Apple	
15	16	17	18	19	20	21
	Chili Con carne Mixed Green Salad w/ Dressing Crackers Cornbread Peaches	Chicken Breast Nuggets Broccoli Baked Beans Whole Grain Bread Carrifruit Salad	Pork Tenderloin Whipped Sweet Potatoes Peas Rolls Waldorf Salad	Vegetable Beef Soup Cottage Cheese Cole Slaw Banana Crackers Brownie	Tuna noodle Casserole Flame-Roasted Corn and Black Beans Asparagus Whole grain Muffin Tropical Fruit	
22	23	24	25	26	27	28
		Salisbury Steak Whipped Potatoes w/ Gravy Succotash Whole Grain bread Fresh Pear	Oven-Fried Chicken Rice Pilaf Mixed Greens Northwest Vegetable Blend Whole Grain Bread Pineapple Upside-Down Cake	Ham Steak Herb-Roasted Tomatoes Sugar Snap Peas w/ Mushrooms Macaroni and Cheese Roll Fruit Cocktail	Chicken Salad on Bun Beef Barley Soup Marinated Carrots Crackers Fruit Cup	
29	30	31				
	Cheese Omelet Hash Browns Prunes Biscuits Orange Juice	Ham and Bean Soup Collard Greens Cole Slaw Cornbread Gelatin with Peaches				

# Activities for February 2012!

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 BLOOD PRESSURE 10:30 - 11:30AM MUSIC 11:00 - 12:00PM DANCE LESSONS 5:30-6:30PM	2 BINGO 10:30 - 11:30 AM COMPUTER BASICS 1:00 - 2:00PM ZUMBA 6:00 - 7:00PM	3 GUITAR LESSONS 9:30 - 11:00AM BINGO 10:30 - 11:30AM DANCE 7:00 - 10:00PM	4 Zumba Cancelled
5	6 EXERCISE CLASS 10:00 - 10:40AM NUTRITION 11:00AM DULCIMER LESSONS 1:00 - 2:30PM	7 CRAFTS 9:00 - 2:30PM BINGO 10:30 - 11:30AM EUCHRE 12:30PM ZUMBA 6:00 - 7:00PM WAVERLY JAMBOREE - 7:30 - 10:00 PM	8 BLOOD PRESSURE 10:30 - 11:30AM MUSIC 11:00 - 12:00PM DANCE LESSONS 5:30-6:30PM	9 COMPUTER BASICS 9:30 - 10:30 ADVANCED COMPUTER 10:30-11:30 BINGO 10:30 - 11:30 AM MATURE WORKERS 2:00-4:00PM ZUMBA 6:00 - 7:00PM	10 GUITAR LESSONS 9:30 - 11:00AM BINGO 10:30 - 11:30AM DANCE 7:00 - 10:00PM	11 Zumba Cancelled
12	13 EXERCISE CLASS 10:00 - 10:40AM NUTRITION 11:00AM DULCIMER LESSONS 1:00 - 2:30PM	14 CRAFTS 9:00 - 2:30PM BINGO 10:30 - 11:30AM EUCHRE 12:30 ZUMBA 6:00 - 7:00PM WAVERLY JAMBOREE 7:30 - 10:00 PM	15 BLOOD PRESSURE 10:30 - 11:30AM MUSIC 11:00 - 12:00 PM DANCE LESSONS 5:30-6:30PM	16 BINGO 10:30 - 11:30AM COMPUTER BASICS 1:00 - 2:00PM ZUMBA 6:00 - 7:00PM	17 GUITAR LESSONS 9:30 - 11:00AM BINGO 10:30 - 11:30AM DANCE 7:00 - 10:00PM	18 Zumba Cancelled
19	20 EXERCISE CLASS 10:00 - 10:40AM NUTRITION 11:00AM DULCIMER LESSONS 1:00 - 2:30PM	21 CRAFTS 9:00 - 2:30PM BINGO 10:30 - 1130AM EUCHRE 12:30 PM ZUMBA 6:00-7:00PM WAVERLY JAMBOREE 7:30 - 10:00 PM	22 BLOOD PRESSURE 10:30 - 11:30AM MUSIC 11:00 - 12:00PM DANCE LESSONS 5:30-6:30PM	23 COMPUTER BASICS 9:30 - 10:30AM ADVANCED COMPUTER 1 10:30 - 11:30AM BINGO 10:30 - 11:30 AM MATURE WORKERS 2:00 - 4:00PM ZUMBA 6:00 - 7:00PM	24 GUITAR LESSONS 9:30 - 11:00 AM BINGO 10:30 - 11:30 AM DANCE 7:00-10:00PM	25 Zumba Cancelled
26	27 EXERCISE CLASS 10:00 - 10:40AM NUTRITION 11:00AM DULCIMER LESSONS 1:00 - 2:30PM	28 CRAFTS 9:00 - 2:30PM BINGO 10:30 - 11:30 AM EUCHRE 12:30 PM ZUMBA 6:00 - 7:00PM WAVERLY JAMBOREE 7:30 - 10:00 PM	29 BLOOD PRESSURE 10:30 - 11:30AM MUSIC 11:00 - 12:00PM SENIOR ADVISORY MEETING - 1:00PM DANCE LESSONS 5:30-6:30PM			

# MENU: December 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Menu Subject to Change</b>			1 Beef Pot Roast Toasted Potatoes, Carrots Celery and Onions Whole Grain Bread Applesauce	2 Herb Marinated Chicken Au Gratin Potatoes Buttered Potatoes Roll Pound Cake with Fruit Topping	3 Baked Ziti w/ht Four Cheeses Italian Mixed Vegetables Garden Salad & Dressing Garlic Biscuit Ambrosia	4
5	6 Barbecue Beef on Bun Twice-Baked Potato Buttered cauliflower Creamy Cole Slaw Oatmeal Raisin Cookie	7 Southwest Chicken Chili Garden Salad with Dressing Cornbread Crackers Mixed Fruit Cup	8 Sausage Gravy Scrambled Eggs Fried Apples Tomato Juice Biscuits Orange Slice	9 Breaded Fish Sandwich on Bun Buttered Carrots Cram of Broccoli Soup Pineapple	10 Open-Face Hot Roast Beef Sandwich on Texas Toast Whipped Potatoes/Gravy Green Beans Banana	11
12	13 Herb-Baked Chicken Baked Yams Kale Fruit Cocktail Roll Vanilla Pudding	14 Glazed Baked Ham Scalloped Potatoes Buttered mixed Vegetables Pears Whole Grain Bread Angel Food Cake	15 Turkey Sandwich With Lettuce and Tomato Cream of Potato Soup Broccoli/Cauliflower Salad Grape Juice	16 Swedish Meatballs Noodles Flame-Roasted Peppers & Onions Green Beans Whole Grain Bread Peaches	17 1/2 Sandwich Soup Navy Bean Soup Cold Pickled Beets Cornbread Apple	18
19	20 Meatloaf Whipped Potatoes/Gravy Oriental Vegetables Whole Grain Bread Tangerine	21 Chicken Breast Nuggets Broccoli Baked Beans Whole Grain Bread Carrifruit Salad	22 Pork Tenderloin Whipped Sweet Potatoes Peas Rolls Waldorf Salad	23 Vegetable Beef Stew Cottage Cheese Cole Slaw Banana Crackers Brownie	24 Tuna Noodle Casserole Flame-Roasted Corn and Black Beans Asparagus Whole Grain Muffin Tropical Fruit	25
26	27 Chili Con Carne Mixed Green Salad with Dressing Crackers Cornbread Peaches	28 Salisbury Steak Whipped Potatoes/Gravy Succotash Whole Grain Bread Fresh Pear	29 Oven-Fried Chicken Rice Pilaf Mixed Greens Northwest Vegetable Blend Whole Grain Bread Pineapple Upside-Down Cake			31