



## High Scope Daily Routine

From Janice Caughlan, Education Services Manager

It is so good to have your child in the Early Childhood Program. The classrooms are very busy and the children are learning so much. As teachers have explained to you, the curriculum that is used is called High/Scope. You can access the website at [www.high/scope.net](http://www.high/scope.net). High/Scope is based on active learning and developmentally appropriate practices. There is a daily routine that is followed each day.

The daily routine in a High/Scope classroom supports active learning by enabling children to anticipate what is happening next and gives them control over what they do during their day.

The daily routine includes the

**plan-do-review** process, which enables children to express their intentions, carry them out, and reflect on what they have done. Adults set the process in motion by asking an appropriate question, such as "What would you like to do?" Children indicate their plans (**planning time**) and carry them out (**do-work time**). Pretending and role playing, building with blocks, and drawing are common child-initiated activities during this period., after which adults encourage children to review (**recall time**) their experiences. The children may talk about what they have done or through drawings. **Small group time** encourages children to explore and experiment with new or familiar materials adults have

selected based on their daily observations of the children's interests. During **large group time** both children and adults initiate music and movement, story time and cooperative play projects. **Outside time** is provided daily to play games and exercise large muscles.

This is just a quick synopsis of the daily routine. I plan to schedule a parent training so you can better understand the High/Scope curriculum and volunteering in the classroom. High/Scope is much more successful with parent involvement because you can extend the children's learning at home. Please plan to attend these trainings when they are offered.

## Head Start & Early Head Start Applications



The CAC of Early Childhood Program is still taking applications for pregnant women, infants, toddlers, and preschool children for the center-based and home-based programs. There are also full day child care classrooms for children whose parents are working or going to school. Parents would need to

complete a child care application with Pike County Job and Family Services to help pay for the costs. If you or anyone you know would like an application or more information about any of the Early Childhood Programs, please call Kathy Reed, Enrollment Coordinator at 289-2371.

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**Special Note:**

Parents will receive a monthly menu for the month that is not listed in the newsletter starting in December.

# Winter Crisis Program (Emergency HEAP)

Community Action Committee of Pike County will begin interviews for the 2009-10 Winter Crisis Program on November 2, 2009. Households are eligible for HEAP assistance if their income is at or below 200% of the Federal Poverty Guidelines.

Appointments are scheduled one day at a time and 10 working days in advance of the actual appointment. Appointments for Monday, November 2 will be scheduled on Monday, October 19 and appointments for Tuesday, November 3 will be scheduled on Tuesday, October 20 and so on. Pike County residents may schedule an appointment by calling Community Action at 289-2371

beginning at 7:45 am on October 19, 2009. Customers who are 60 years of age and older may contact the Pike County Senior Center at 947-5555 beginning at 8:00 am on Monday, October 19, 2009.

HEAP walk-in appointments are made in person and are scheduled each week day, Monday-Friday beginning at 8:00 am starting Monday, November 2, 2009. There is a limit on the amount of walk-in customers that can be seen and walk-ins are taken on a first come, first serve basis. All customers, including walk-ins, must bring proper documentation with them for their face to face interview.

AEP and Pike Natural Gas are required to provide an extension on the disconnect date for customers who have a scheduled HEAP appointment. In order to receive an extension on the disconnect date, the customer must provide CAC Social Services Dept. or the Pike County Senior Center with their account information from their bill, their phone number and their appointment date in order for the agency to obtain an extension for the customer.

A Winter Crisis Program Information line can be called after hours at 289-2371 starting October 19, 2009. Spell HEAP when you call.

## November Menu

**All breakfast, lunches, and snacks are served with milk and/or juice.**

**1/2/09 Bkft**-Wheaties Cereal

**Lunch**-Roast Beef Sandwich, Vegetable Soup, Banana, Crackers

**Snack**-Mixed Fruit, Cottage Cheese

**11/3/09 Bkft**-English Muffins

**Lunch**-Pork Roast, Sweet Potatoes, Applesauce, Bread

**Snack**-Turley & Cheese Rollups

**11/4/09 Bkft**-Yogurt, Peaches, Toast

**Lunch**-Chicken & Dumplings, Bread, Corn, Spinach, Peach Cobbler

**Snack**-Animal Crackers

**11/5/09 Bkft**-Cheerios Cereal

**Lunch**-Fish, Mac & Cheese, Bread, Pineapples, Cole Slaw, Broccoli

**Snack**-Ritz Crackers, Bean Dip

**11/6/09-Bkft**-Pancakes

**Lunch**-Meat Loaf, Bread, Potatoes, Green Beans, Pears

**Snack**-Graham Crackers

**11/9/09 Bkft**-French Toast

**Lunch**-Turkey, Gravy, Mashed Potatoes, Corn, Oranges

**Snack**-Ritz Crackers, Yogurt

**11/10/09 Bkft**-Cheerios Cereal

**Lunch**-Chili, Crackers, Mixed Fruit, Carrots, Cookie

**Snack**-Egg Salad Sandwich

**11/11/09 NO SCHOOL**

**11/12/09-Bkft**-Corn flakes, Banana

**Lunch**-Chicken Strips, Bread, Cauliflower, Green Beans, Peaches

**Snack**-English Muffin Pizza Snack

**11/13/09 Bkft**-Mixed Fruit, Toast, Eggs

**Lunch**-Pulled Pork on Bun, Baked Beans, Cole Slaw, Applesauce

**Snack**-Gold Fish Crackers

**11/16/09 Bkft**-Wheaties Cereal

**Lunch**-Pot Roast, Bread, Potatoes, Carrots, Celery, Pears

**Snack**-Pears, Yogurt

**11/17/09-Bkft**-Waffles

**Lunch**-Chicken Patty, Fries, Green Beans, Cookies **Snack**-Smoothies

**11/18/09 Bkft**-Mixed Fruit, Golden Graham Cereal

**Lunch**-Tomato Soup, Sandwich, Kale, Fruit, Crackers

**Snack**-Tortilla Fruit Roll Ups

**11/19/09-Bkft**-Boiled Egg, Toast

**Lunch**-Sloppy Joes, Broccoli, Hash Brown Casserole, Pineapples

**Snack**-Cheerios Cereal

**11/20/09-Bkft**-Toast w/ Apple Butter

**Lunch**-Potato Soup, Sandwich, Salad, Fruit, Crackers

**Snack**-Turkey & Cheese Roll Ups

**11/23/09 Bkft**- Toast, Oatmeal

**Lunch**- Ravioli, Bread, Mixed Vegetables, Salad, Applesauce

**Snack**-Waffles

**11/24/09 Bkft**-Cornflakes Cereal

**Lunch**-Turkey, Gravy, Roll, Whipped Potatoes, Vegetables, Peaches

**Snack**-Pumpkin Banana Shake, Teddy Grahams

**11/25/09-11/27/09 NO SCHOOL**



## Classroom News

The classrooms at Piketon have been learning about apples and pumpkins. They took a field trip to Williams Apple Farm and Way's Pumpkin Patch in October.

Wal-Mart Associates came to the read the Very Hungry Caterpillar story to the classrooms on October 8 as part of the Jump Start Read for the Record Literacy Campaign.

The Idaho site has received a one star rating for a second year in a row for Step Up To Quality. Step Up To Quality is a quality rating system

that recognizes top preschool programs in the state of Ohio. Piketon is currently a two star program and is in the process of being re-assessed for this school year.

The Early Childhood Program hosted Open House on October 6 with a great turn out of families. Thank you to all who attended. More activities are planned throughout the year.

Piketon has a Foster Grandparent Volunteer, Dona Schumacher from Bristol Village. Betty Whitt from the Mature Services Program, helps with

meals at the Idaho site.

The Early Childhood Program has seen an increase in the number of parent volunteers since the school year has started. Our program encourages all parents to volunteer in the program when you have time. Thank you to all the volunteers.



## H1N1 Prevention

The Early Childhood Program has sent all parents a brochure about the seasonal and H1N1 flu to help you understand the how to protect your family.

Parents are reminded to read the sick child policy in your parent hand-book. Parents are asked not to send your child to school if they have a fever or any sign of illness that are listed in the sick child policy. If your

child gets sick while they are at school, they will be sent home.

The program always follows strict hand-washing procedures, disinfects classrooms and offices regularly. Families are encouraged to do the same at home to prevent the spread of illnesses If you have

**Washing hands and staying home when sick are the number one ways to prevent the flu.**

more questions, you can call 1-800-CDC-INFO or visit [www.cdc.gov](http://www.cdc.gov) or [www.flu.gov](http://www.flu.gov) on the internet.

The Idaho and Piketon sites do have internet access for parents who do not have it at home if they would like more information.



## Policy Council Members Elected

The first Parent Committee Meetings were held on October 1. Parents attending received Volunteer Training, Bus and Pedestrian Safety Training, and elected parents to serve on the 2009-10 Policy Council.

All parents are automatically a member of the Parent Committees if you have a child enrolled in the

program. Parents are elected to serve as voting members on the Policy Council to help make program decisions, however all parents are welcome to attend. Your parent Policy Council representatives are: Sarah Sturgell, Tiffany Bird, David Straight, Heather Blanton, Beth Farmer, Nancy Steele, Nikki Havens,

Paula Amburgey, Shanna Hacker, and Angela Harris. Members from community agencies have also been selected to serve on the Policy Council.

If any parents would like to serve on the Policy Council, there are still a few slots available. Let your teacher know you are interested.

Piketon CAC 289-2371  
Toll Free # 1-800-866-1185  
Idaho 493-3385  
Eastern 226-6402  
Website: www.pikecac.org



### **Special Note**

The CAC of Pike County Clothing Center in Piketon will be having a Day with Santa on Sunday, December 13 from 1:00-3:00 pm for children.

Parents in need can register for the toy distribution on December 13 to pick up toys on December 15 starting at 10:00 am. Children are not to attend.



### **Leaf Rubbings**

Take your child for a walk to gather different kinds of leaves. Talk about the colors of the trees and the change in the seasons.

When you come indoors, have paper and different colors of crayons available.

Have your child put the leaves under the paper. Then take the side of a crayon and rub over top of the leaves that are under the paper to make leaf designs appear.

Hang up on the wall or refrigerator to enjoy.

# **Parent Events**

- Thursday, November 5, 2009-Fatherhood Meeting with children's activities. 6:00-7:30 pm at the Community Action Agency.
- Friday, November 6 and 20, 2009-Head Start Home-Based Socialization from 9:00-12:00 noon. Early Head Start Home-Based Socialization from 10:00-12:00 noon.
- Wednesday, November 11, 2009-No School or Child Care. Agency Closed for Veterans Day.
- Friday, November 13, 2009-Policy Council Meeting at 12:00 noon with lunch being served at 11:30 at the Community Action Agency. All parents invited. Babysitting provided. Please call by November 12 if you plan to attend.
- Agency Closed and No Head Start Classes November 26 & 27, 2009. No Head Start Classes Monday, November 30, 2009. Head Start Classes and Child Care will be in session November 23, 24, 25, 2009.
- Tuesday, December 1, 2009-Parent Meeting at Idaho and Thursday, December 3 at the Community Action Agency. AM Classes 11:00 am PM Classes-1:00 pm. All day classrooms and home-based parents can choose a time to attend.
- Friday, December 4 and 18, 2009-Head Start Home-Based Socialization from 9:00-12:00 noon. Early Head Start Home-Based Socialization from 10:00-12:00 noon.
- Friday, December 11, 2009-Community Action Agency and Child Care will be closing at 12:00 noon.
- Winter Break-No Head Start Classes-December 21-January 3, 2010. Classes resume Monday, January 4, 2010. Child Care Open during Winter Break except for December 24, 25, and January 1.
- There will not be a Policy Council Meeting in December.

**Parents should call Stephanie Remy, Parent Involvement Coordinator at 289-2371 if you plan to attend any parent activities.**