



January Newsletter

CAC of Pike County



Executive Director Ray Roberts stands with Team 2 representatives, Casey Catanzaro and Laranda Johnson. The Early Childhood Team won the 2011 Food Pantry Competition for the second year in a row. Congrats Team 2!

Thanks to all the teams with their fundraising efforts this year for the Food Pantry and this year the Community Action Agency raised \$6,737.27 for the food pantry! In 2011 the Food Pantry served 11,497 households or 34,644 total people!!

Pike County by the Numbers:

*Pike County has the highest food insecurity rates in the state of Ohio at 23.2%. That is about 6,500 residents of Pike County. We are also the highest in food insecurity rates for children in Ohio at 38.5%! That is almost 3,000 children in Pike County that are in need of food. Ohio's rate for food insecurity is 17.1% and for children it is 26.5%. As you can see Pike County's numbers are much higher.

*Of the 23.2% of the people that are in need of food, 61% are below SNAP (Supplemental Nutrition Assistance Program). The Poverty Guideline for SNAP is 130%.

*Of the 38.5% of the children that are in need of food, 70% are income eligible for nutrition programs (income is at or below the 185% poverty rate).

As you see Food Pantry here at Community Action needs help not only during the Holiday Season but year round. Let's fight hunger and keep supporting and donating to our food pantry.



CAC Events

January 2nd

Agency Closed

January 10th

Senior Staff

January 16th

Agency Closed

January 19th

Governing Board

January 24th - 27th

Management Meetings

The CAC Clothing Center will be permanently closed as of December 31, 2011.

Please do not leave donations outside the facility. Salvation Army boxes are now located in the Waverly Wal-Mart parking area.

The Pike County Welfare House at 107 West 3rd Street, Waverly also accepts donations.

Food Pantry



Food Pantry is in need of plastic grocery bags. If you have any extra at your house you can bring them in and drop them off at the Social Services Department.

Get your taxes filed for free! The Volunteer Income Tax Assistance (VITA) and Ohio Benefit Bank (OBB) tax preparation programs will soon begin. These programs provide free federal tax preparation for Pike County residents who meet income guidelines. The programs will begin filing taxes on January 23, 2012. Interested individuals can begin calling (740) 289-2371 on

January 3, 2012 to set up an appointment. Appointments are available at both the Main Agency and at the Senior Center.





January Birthdays

Crystal Young	Jan. 2nd	Whitney Shepherd	Jan. 20th
Scott Bossert	Jan. 4th	JoAnn Steffy	Jan. 21st
Gary Thompson	Jan. 6th	Sarah Tripp	Jan. 26th
Renee Theobald	Jan. 9th	Chasity Kerns	Jan. 27th
Brenda Jordan	Jan. 9th	Lauren Hickman	Jan. 28th
Pamela Jude	Jan. 10th	Tiffany Predragovich	Jan. 29th
Jamie Lee	Jan. 11th	Karen Scott	Jan. 29th
Diane Renner	Jan. 13th	Joni Ward	Jan. 29th
Stephanie Lunsford	Jan. 14th	Shelley Lyon	Jan. 29th
Kim Yoakem	Jan. 17th	Alyssa Weaver	Jan. 29th
Tina McMahan	Jan. 18th	Loretta Holycross	Jan. 30th
Pamela Fawcett	Jan. 18th	Rebecca Wilburn	Jan. 30th

New Employees

Beth Matthes
Kathy Burnside

Upcoming Training Workshops

January 11th

Microsoft Office Excel 2007 Level 1
\$75 - 8:30 am to 4:30 pm

January 17th

Small Business Class
Begins on Tuesday January 17th
(Every Tuesday and Thursday for 5 weeks)
\$90 - 1:00 pm to 4:00 pm)

February 1st

QuickBooks 2010 Introduction
\$75 - 8:30 am to 4:30 pm

February 22nd

Microsoft Excel 2007 Level 2
\$75 - 8:30 am to 4:30 pm

March 7th

QuickBooks 2010 Advanced
\$75 - 8:30 am to 4:30 pm

March 21st

Microsoft Access 2007 Level 1
\$75 - 8:30 am to 4:30 pm



Classes are held at
OSU Endeavor Center (unless noted)
1864 Shyville Rd
Pikeeton, Ohio 45661
*Prices subject to change



January Facts and Trivia

*President Lincoln issued the Emancipation Proclamation on New Year's Day in 1863, ending slavery in America.

*Ellis Island opened New Year's Day in 1892.

*January 7, 1789, the first U.S. Presidential Election was held.

*Transatlantic Commercial telephone service began January 7, 1927 from New York to London.

*Elvis Presley was born January 8, 1935.

*January 11, 1908, Theodore Roosevelt makes Grand Canyon a National Monument.

*The 1st Super Bowl Game was held at the LA Coliseum on January 15, 1967. The game was played between the Green Bay Packers of the NFL and the Kansas City Chiefs of the AFL. Green Bay won the game 35 to 10.

*January 29, 1936 The Baseball Hall of Fame elected it's first members.

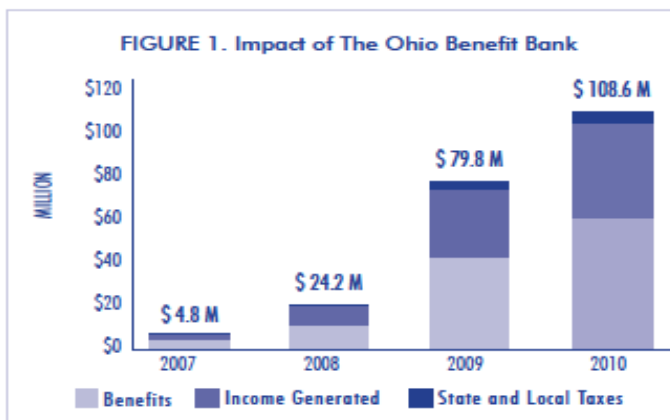
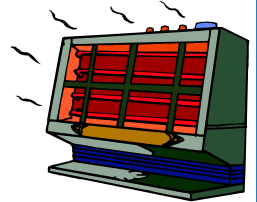
*The 1st Country Music Album that become #1 on the Billboard Pop Music was Johnny Cash's "Ring of Fire," in January of 1964.





Community Action Committee of Pike County 2011-2012 Winter Crisis Program

The Community Action Committee of Pike County (CAC) will operate the 2011-2012 Winter Crisis Program, also known as Emergency HEAP, November 1, 2011 through March 31, 2012. The program is intended to help offset the rising cost of winter heating bills for individuals at or below 200 percent of the Federal Poverty Guidelines. For example, a family of four can make up to \$44,700 annually and still be eligible for HEAP. The Winter Crisis Program will provide financial assistance to low-income and still be eligible for HEAP. The Winter Crisis Program will provide financial assistance to low-income households that are threatened with disconnection of their heating source; or have already had service disconnected; or have less than a ten-day supply (or 25% or less) of bulk fuel. Applicants must bring both primary and electric heating bills, income verification for the past 90 days for all household members, proof of disability is disabled, and social security cards for all households members to the face-to-face interview. Customers are encouraged to call prior to their scheduled appointment to make sure they have all the required documentation. Appointments are scheduled by phone at CAC each weekday beginning at 7:45 am by calling 740-289-2371 (TDD 289-2608). Appointments for senior citizens are scheduled by phone each weekday at the Pike County Senior Center beginning at 8:00 am by calling 740-947-5555. Customers in immediate danger of disconnection of service or with less than 1-day supply of bulk fuel may "walk-in" November 1, 2011 thru March 31, 2012 at both locations. Walk-ins are accepted at CAC in Piketon each week on Monday, Tuesday, Wednesday, and Friday beginning at 7:45am. Senior Citizens may walk-in at the Pike Count Senior Center in Waverly each Thursday beginning at 8:30am. Walk-in appointments are limited and are taken on a first-come, first-served basis. When the walk-in schedule is full, no other walk-ins can be scheduled that day.



--With only \$16.1 million in investments from public and private sources, The Ohio Benefit Bank has helped link Ohioans to an estimated \$139.4 million in federal benefits from: food assistance, medical benefits, and tax credits.

--These benefits are estimated to have generated \$67 million in wages for working Ohioans and \$11 million in state and local taxes.

--In total, access to food assistance, medical benefits, and tax credits through The Ohio Benefit Bank has infused roughly \$217.4 million into Ohio's economy.

--The amount of income, tax revenues and federal benefits brought to Ohio has increased dramatically recently. In 2010 alone, OBB helped Ohioans access an estimated \$70.4 million in federal benefits. These benefits created hundreds of Ohio jobs, generating more than \$32.6 million in wages and \$5.5 million in state and local taxes.

TABLE 2. Growth of The Ohio Benefit Bank

	2007	2008	2009	2010
Number of Sites	429	811	1,112	1,169
Hours Contributed by OBB Counselors	4,681	18,420	34,395	51,559
Number of Households Served	3,360	17,177	31,392	49,275

Note: Due to rounding numbers may not sum.

For more information, or to schedule an appointment for the Ohio Benefit Bank, please call the Community Action Committee of Pike County at 740-289-2371 (TDD 740-289-2608). Senior Citizens may contact the Pike County Senior Center at 740-947-5555 for more information or to schedule an appointment.

CAC Monthly Newsletter

If you have any items or ideas for the monthly newsletter let us know. Please submit items in writing with all information by the 22nd of the month to Lori Watson at lwatson@pikecac.org or Pam Lawhorn at jojo@pikecac.org. If you have any questions please call the front office at 740-289-2371.

Couch For Sale asking \$400. Any questions or need more information contact Penny Jenkins at 740-357-4341.



When calling in food orders to be delivered here to the agency, make sure you give them a name and/or department.



January is National Soup Month

Soup is comforting and nourishing that soothes sore throats, clears clogged airways and makes us feel warm on a cold winter's day. Dr. Stephen Rennard, a US Pulmonary Specialist, found that chicken soup had anti-inflammatory properties that helped sore throats. So see soup does help out that cold. Not only does it help your cold but helps with your weight. It has been found that people who eat one serving of soup per day lose more weight than those who eat the same amount of calories, but don't eat soup.

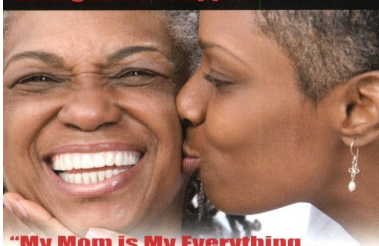


January is also National Oatmeal Month

More oatmeal is eaten in the month of January than any other time of the year. Not all the oatmeal is being eaten at breakfast, another favorite way in the form of cookies. Studies have shown that people who eat oatmeal have healthy hearts. The soluble fiber in oatmeal can help lower cholesterol, and may help reduce blood pressure.



Emergencies Happen



"My Mom is My Everything... and it's Important She Can Reach Me."

EMERGENCIES HAPPEN

Be safe and stay connected with a free government-supported cell phone and up to 250 free monthly minutes.

FREE Minutes every month for:

- Local & Long Distance Calling
- Text Messaging

Plus:

- FREE 411 Directory Assistance
- FREE 911 Emergency Tracking
- NO Contracts
- NO Credit Checks
- NO Fees

250 FREE MONTHLY MINUTES

I PROMISE.



You may qualify for SafeLink Service in your area if you . . .

- Participate in one of the following programs:
 - Section 8/Federal Public Housing Assistance
 - Medicaid
 - Food Stamps
 - SSI
 - Free National School Lunch Program
 - General Assistance/Disability Assistance
 - Home Energy Assistance HEAP
 - SSDI
 - TANF or OWF
- Your total household income is at or below 150% of the Federal Poverty Guidelines
- No one in your household currently receives Lifeline Assistance through another phone carrier. If someone in your household is receiving Lifeline Assistance you must cancel the service before applying for SafeLink.
- You have a valid US Postal Address. In order to receive your Free cell phone you must live at a residence that can receive mail from the US Post Office. **SORRY NO PO BOXES.**



For more information or to make an appointment for a FREE SafeLink Wireless phone, contact the Social Services department of Community Action Committee of Pike County at 740-289-2371 (TDD 740-289-2608). Senior citizens may contact the Pike County Senior Center at 740-947-5555.

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Get your phone faster, use Promo Code: COH0011000

SafeLink.com 1-800-SafeLink (723-3546)