



August 2011



CAC of Pike County Newsletter

CAC August Events

August 1st - 5th
Pike County Fair

August 2nd
Senior Staff

August 11th
Governing Board

August 17th - 19th
COAD Annual Conference

August 23rd - 26th
Community Action Partnership Annual Conference in San Francisco

FOOD PANTRY IS IN NEED OF WAL-MART/ KROGER BAGS.

Run for Shelter shirts are still available for \$6.00. Contact Pam Mustard in Social Services for more information.



SCHOOL SUPPLY GIVEAWAY

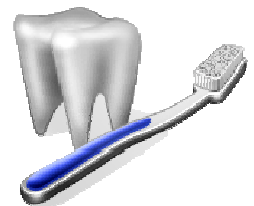
The Social Services Department has set their date for the school supply giveaway at the Clothing Center in Piketon. Friday, August 19th from 10 am to 1 pm (or until supplies run out), parents can go to the Clothing Center and pick up school supplies for their children for the upcoming school year. Social Services is asking that parents do not bring their children with them as there tends to be a long line at times. Parents will have to fill out a tracker using their SS# and will need the names, DOB, and grade of each child. Only parents and/or legal guardian can pick up supplies for the children and children must be enrolled at a Pike County School.



Family Health Center Welcomes New Dentist

On July 5th the CAC Family Health Centers welcomed Scott Bossert, D.D.S. to their Dental team. Dr. Bossert is a 2011 graduate of The Ohio State University College of Dentistry and is already known for his positive attitude and excellent chair side manner.

Dr. Bossert joins Dr. Jacob Bissonette, also a graduate of The Ohio State University College of Dentistry, who has been providing quality dental care to the patients of the Family Health Centers since 2008. Both dentists are accepting new patients and are taking emergency walk-ins on a daily basis. The Dental Center accepts Medicaid, private insurance and services based on a Sliding Fee Scale. Due to insurance regulations, Dr. Bossert will not be able to accept private insurance patients for several more weeks. And don't forget, employees of CAC receive a 25% discount on dental services. To schedule an appointment, please call 740-289-3508.



Congratulations to Carolyn and Jason Fyffe on the birth of Mia Elizabeth on April, 12, 2011.



August Birthdays

Leeanne Jenkins	August 1st
Michelle Mustard	August 2nd
Kimberly Turner	August 2nd
Clinton Throckmorton	August 2nd
Allen Jones	August 3rd
Kathy Way	August 3rd
Carol Frederick	August 4th
Toylia Jenkins	August 5th
Chris McKinley	August 6th
Kathy Reed	August 6th
Cassie Glock	August 8th
Stephanie Polley	August 8th
Rebecca Bolt	August 9th
Rebecca Adkins	August 11th
Lisa Pfeifer	August 11th
Maria Garey	August 14th
Heather Barnett	August 16th
Tracy Matthews	August 17th
Anthony Ware	August 17th
Paula Amburgey	August 17th
LaDawn Scowden	August 18th
Susan Jenkins	August 19th
Jewell Rivers	August 20th
Richard Smith	August 20th
Angela Donahue	August 21st
Sherri Streitenberger	August 21st
Vela Hannah	August 24th
Shelly Lansing	August 25th
Sandra Osborne	August 25th
Kathy Carroll	August 26th
Gail Stevens	August 27th
Anita Murray	August 28th
Judith Bradley	August 29th

Way's Farm



Waverly

403 E. Emmitt Ave.
 (July through September)
 Monday - Friday
 10:00 am until 6:00 pm
 Saturday
 Opens at 8:30 am

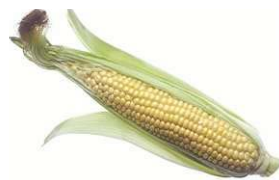
Portsmouth Farmer's Market

Roy Rogers Esplanade
 Saturday, 9:00 am to 12:00 pm
 (July - October)



Portsmouth Farmer's Market

Market Street
 Tuesday, 8:00 am to 12:00 pm
 (July - October)



Chillicothe Farmer's Market

Ross County Service Center
 475 Western Ave.
 Saturdays, 8:00 am to 12:00 pm
 (June-October)



Upcoming Training Workshops

August 10th

Introduction to Personal Computers
 \$50 - 9:00 am to 1:00 pm

September 28th

Intro to Quick Books
 \$75 - 8:30 am to 4:30 pm

Classes are held at:
 OSU Endeavor Center
 1864 Shyville Rd
 Piketon, Ohio 45661

*Prices subject to change



Small Business Class,

Self Employment: From Dream to Reality

The Business Development Training Program offers potential and existing small business owners and individuals, who are considering the option of business ownership, the opportunity to learn a variety of skills needed to own and operate a business.

The cost of the class is \$90. Tuition assistance is available for participants that qualify. This business development class meets on Tuesdays and Thursdays from 1:00 pm to 4:00pm for 5 weeks starting September 6, 2011. This class will be held at the CAC of Pike County at 941 Market Street, Piketon, Ohio. Registration deadline is Friday, September 2, 2011. For more information contact the Business Development Program at 740-289-2371.



AUGUST IS BREASTFEEDING AWARENESS MONTH

August is Breastfeeding Awareness Month in Ohio and Aug. 1-7 is World Breastfeeding Week (WBW). Research suggests that breastfeeding is a key modifiable factor for disease for both mothers and infants. The Centers for Disease Control and Prevention report that Ohio's 2010 breastfeeding initiation rate of 64.8% ranks 42nd in the nation (for Pike County the rate is 32.7%) we can do better.

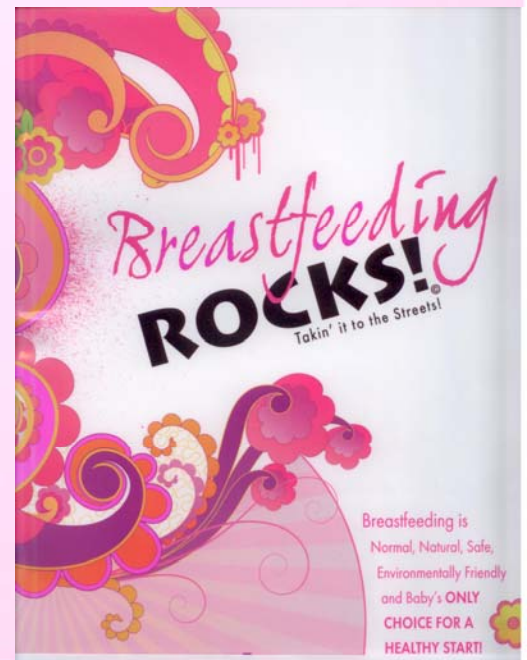
This year's WBW theme is Breastfeeding– Takin' it to the Streets! And the motto is Breastfeeding Rocks! Both the theme and motto focus on the need to use all available communication strategies to educate and inform citizens and institutions about their role in promoting and supporting breastfeeding. While the choice to breastfeed is a personal one, communities play a vital role in informing and supporting a mother's decision to breastfeed her baby. Cultural acceptance of breastfeeding as the normal way to feed a baby ensures that social breastfeeding-supportive culture will take efforts by educational institutions, hospitals, businesses, and even legal support.

"The more our society accepts breastfeeding as the normal, natural way to feed a baby the healthier and better off we will be as a nation, state, and community," said Nikki Spencer RN, CLC, Pike County WIC director. "In light of the monetary and life saving benefits of breastfeeding, all elements of the community must cooperate and support breastfeeding. Ultimately, our whole society benefits from having healthier mothers, babies and children when breastfeeding is promoted, protected and supported."

One of the most important things businesses and the wider community can do is to allow mothers to feel comfortable nursing in public. Hungry babies need to eat and Ohio law (Section 3781.55 of the Ohio Revised Code) allows breastfeeding in public. Businesses can show their support by placing the "Nursing Babies are Welcome Here" universal sign for breastfeeding in their windows and educating their staff on the acceptance of breastfeeding in their establishments.

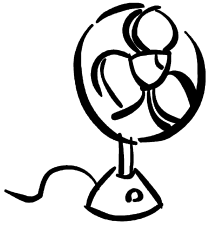
Society reaps both economic and health benefits from increased breastfeeding. A recent article in *Pediatrics* (the journal of the American Academy of Pediatrics) determined that the nation has the potential to avoid more than 900 infant deaths and save \$13 billion a year in medical costs if more mothers breastfeed.

Pike County WIC is taking breastfeeding to the streets! We are promoting breastfeeding by visiting all Family Health Center sites, several doctor offices and hospitals. We are hosting a "Stop and Rock" booth at the Pike County Fair for nursing mothers. We are planning various breastfeeding activities for prenatal and breastfeeding moms while they wait in our lobby. Please help us send the message that breastfeeding is the best choice.



Community Action Committee of Pike County will be operating the 2011 Summer Crisis Program to assist eligible households beginning July 1 through August 31, 2011. The gross income of eligible households must be at or below 200% of the 2011 Federal Poverty Guidelines listed below:

Size of Household	Income
1	up to \$21,780
2	up to \$29,420
3	up to \$37,060
4	up to \$44,700
5	up to \$52,340
6	up to \$59,980
7	up to \$67,620
8	up to \$75,260



The program is targeted to assist the elderly (60 and older) or households with a member who has an illness that would benefit from summer cooling assistance verified by physician documentation issued no more than 30 days prior to the date of application. These households are eligible to apply for electric bill payment assistance or may apply for an additional benefit of a fan or air conditioner with the total benefit not to exceed \$175. Applicants will be asked to provide the following documentation during the face-to-face interview: gross income for the past 13 weeks for all household members; both the primary heating and electric bill regardless of the account status; proof of disability if disabled; proof from physician of medical need (for households under 60 years of age); proof of citizenship; proof of co-pay if applicable; picture ID, and social security cards for all household members. Other documentation may be required depending on the household circumstances.

Pike County residents may schedule appointments beginning June 17, 2011 by calling Community Action Committee of Pike County at 740-289-2371 (TDD 740-289-2608) between 7:45 am and 4:30 pm. Appointments for Senior Citizens (60 and older) may be scheduled beginning June 17, 2011 by calling the Pike County Senior Center at 740-947-5555 between 8:00 am and 4:00 pm. All HEAP appointments are scheduled 14 days in advance of the actual appointment. With the high call volume, it is often difficult to call in to get an appointment. Your patience is appreciated as we try to serve as many as customers as possible each day.

Walk-ins are seen each week Tuesdays and Fridays from 8:00 am to 3:15 pm on a first come, first serve basis at the Community Action Committee of Pike County, 941 Market Street, Piketon, Ohio. Walk-ins may sign in at the receptionist desk at 8:00 am each Tuesday and Friday morning at the Community Action Committee of Pike County.

Walk-ins are seen each week on Thursdays from 8:00 am to 3:15 pm on a first come first serve basis at the Pike County Senior Center, 402 Clough Street, Waverly, Ohio for Senior Citizens (60 and older). Walk-ins may sign-in at the reception desk at 8:00 am each Thursday morning at the Senior Center.

Pathways to Small Business Success

Date

September 15, 2011

Time

8:00 am to noon

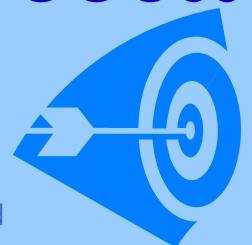
Location

Shawnee State University
940 2nd Street
Portsmouth, Ohio

Cost

\$10

This conference will be comprised of many helpful topics and presenters. Get your questions answered! We will have successful business owners share their stories of how they were able to become successful. We will also have bankers explain the steps you need to take to secure the much needed capital that could help fund your business. Prime contractors are taking part to speak to local businesses about contract opportunities in the near future. And there will be much more useful information. Be sure not to miss this outstanding conference.



To register: <http://sopoc.ecenterdirect.com/Conferences.action>

Date and time are tentative

COMMUNITY ACTION COMMITTEE OF PIKE COUNTY

This newsletter is published once per month. If you have any items you would like included in the September newsletter, please submit them in writing with all information by August 26th to Pam Lawhorn, Front Office Coordinator or Lori Watson, Front Office Specialist. If you have any questions, please call the front office at 289-2371.

FOR SALE

Kirby Sentria upright sweeper with attachments and shampoo attachment. Purchased in 2007 for \$1800, asking \$200.

Bissell upright Powerlifter Deep cleaner Shampooer - purchased in 2009 for \$150 asking \$50

For more information contact Penny at 740-357-4341

FOR SALE

2005 Yamaha Grizzly 660, Special Edition, 4x4 with plow and warranty. \$4,000, call or text 740-708-6969



New Employees

Amanda Furguson
Scott Bossert
Jamie Lee
Tracy Pederson
Kevin Darby
Doris Webber

FOR SALE

Guinea Pig with cage and supplies \$25. 55 gallon aquarium with some supplies \$50. Call 740-493-1310 if interested.



10 Abandoned beautiful kittens looking for a good home.
5 male
5 female

Please call 740-835-8421

Community Wide Yard Sale in the Village of Waverly August 27th and 28th.

No permit is required to hold a yard sale on these two days.

August Fairs

Ohio State Fair
July 27th - August 7th

Pike County Fair
July 31st - August 6th

Ross County Fair
August 6th - August 13th

Scioto County Fair
August 8th - August 13th

18 USC 707

HAPPY 30th BIRTHDAY REBECCA ADKINS

From your friends!!





NURSING IN COMFORT

PROVIDED BY PIKE CO. WIC



WHERE: PIKE COUNTY FAIR ART HALL

WHEN: AUGUST 1 - 6

ARE YOU PLANNING ON VISITING THE PIKE COUNTY FAIR?
COME AND VISIT US AT OUR BREASTFEEDING
“STOP AND ROCK” BOOTH.

WE WILL HAVE ROCKING CHAIRS AND WATER FOR MOMS
LOOKING FOR A PLACE TO REST AND NURSE THEIR BABIES.
THIS IS AVAILABLE TO ALL NURSING MOMS - NOT JUST WIC
PARTICIPANTS. WE ARE LOCATED IN THE ART HALL.

WIC IS AN EQUAL OPPORTUNITY EMPLOYER/PROVIDER.

THERE WILL BE A BENEFIT HELD FOR:

LEE ANN (STEVENS) PERDUE

HOSTED BY ROGER & DONNA CARSON AND
GREG & KATHY JORDAN

LEE ANN SUFFERED A STROKE ON MAY 18TH AND
SPENT 51 DAYS IN THE HOSPITAL.



WHERE: BERIL'S AT MAIN STREET, PIKETON, OHIO

WHEN: SATURDAY, AUGUST 6TH 3:00PM TILL 2:00AM

*ENTERTAINMENT BY: NUTTIN' FANCY FROM 6PM TILL 10PM
THEN DJ/KARAOKE 10PM TILL 2AM*

FOOD SERVED FROM 3:00 PM ON.
COST WILL BE \$5.00 PER PLATE.
FEATURING PULLED PORTK, BBQ PORK,
CHIPS, PICKLE AND A COOKIE

50/50 DRAWING WILL BE HELD EVERY 1 1/2 HOURS.
THERE WILL ALSO BE AN AUCTION/CHINESE AUCTION.

**THERE HAS ALSO BEEN A DONATION FUND SET UP FOR LEE ANN AT
ANY ATOMIC CREDIT UNION LOCATION**