

CAC of Pike County May 2009

CAC Events

May 12th

Senior Staff

May 21st

Governing Board

May 25th

Memorial Day

AGENCY CLOSED

May 26th-29th

Management
Meetings

Fundraising Luncheons

May 1st

Social/Senior/
Transit

May 15th

Fiscal

Welcome New Employees

Tim Brown
Michael Endicott
Mark Francis
Rick Frederick
Sharon Price
Louise Smith
Michelle Veach
Cassandra Walls
Rebecca Wilburn

Welcome

May is National Community Action Month

National Community Action month highlights the innovative ways Community Action helps people, change lives and making America a better place to live. Twelve years ago this began as Community Action week but the following year it changed to National Community Action Month. Community Action Agencies provide services to more than 15 million low-income people annually in 99% of the nation's counties. Out of those 15 million, 4 million are children.

No two Community Action's are alike because each agency is governed by leadership and specific needs of its local community. There is a typical way to approach to fighting causes of poverty. Local agencies approach these goals by offering a variety of programs that serve low-income children, families, and seniors. They coordinated emergency assistance, provide weatherization services, sponsor youth programs, operate senior centers and provide transportation in rural areas.

Community Action Agencies also provide opportunities to job training, GED preparation courses and vocational educational programs. A range of services addressing poverty-related problems include: entrepreneurial development, family development programs, parenting classes, and food pantries.

Community Action Agencies across the county do have a common goal, helping people and changing lives. If it was not for the Economic Opportunity Act of 1964 there would be no National Community Action month. Go out and support your Community Action this May.



Economic Opportunity Act of 1964

August 20, 1964, Lyndon B. Johnson signed the Economic Opportunity Act of 1964. Implemented by the Office of Economic Opportunity (which has since been disbanded) included several social programs to promote the health, education, and general welfare of the poor. Many of the programs have been modified, weakened, or altogether rolled back, but it still has two remaining programs, Head Start and Job Corps. These programs are managed by the U.S. Department of Health and Human Service's Office of Community Services and the U.S. Department of Labor.

In 1981, The Economic Opportunity Act was rescinded and the Community Services Administration was abolished. In its place, came the Community Services Block Grant, which delegated responsibility for administration of Community Action Agencies to the states.



Postage set to go up May 11th



Each May prices for mailing services will continue to adjust. The price on a 1 ounce first class stamp will go from \$.42 to \$.44. Postage for postcards will also increase to \$.28 and large envelopes for the 1 ounce will increase to \$.88. Prices go in effect May 11, 2009. Post offices do have the forever stamps for sale at the \$.42. Pricing for Express Mail and Priority Mail were adjusted in January and will not change in May.



May Birthdays

Sherry Angel	May 1st	Leroy Francis	May 5th	Sherry Snively	May 18th
James Engle	May 1st	Jeff Wing	May 7th	Betty Southworth	May 18th
Angela Williams	May 1st	Alessandro Maranzana	May 7th	Tamara Ross	May 19th
Anne Nickerson	May 2nd	Vicki Blanton	May 8th	Sid Royster	May 19th
Teresa Tuttle	May 4th	Susan Day	May 10th	Teresa Dummitt	May 26th
Constance Riquelme	May 4th	Kara Brunner	May 13th	Tamara Wills	May 26th
Imogene Williams	May 5th	Nicole Spencer	May 14th	Teresa Hopkins	May 29th
		Debra Carroll	May 15th		

News from the FHC Dental Department

In recent months there have been many requests for appointments made to the Dental Department by CAC Employees. Unfortunately, the Dental Providers have been so busy they have not been able to accept new patients into the practice.

However, it has been decided that they will now open their schedule up to employees of Community Action. It may still take awhile to get on the schedule as they are seeing a record number of patients, but we wanted to at least make the service available to our employees. At this time they will not be able to see the spouses or children who are new to the practice, but hope the schedule will open up again in the coming months.

Submitted by Lynn Holland



Just a reminder, please be sure to put your employee number on ALL reimbursements. If you don't know your number, it is at the top of your pay stub and your timecard. If there isn't a place to put it, just write it in next to your name.

Thank you, Lisa Montgomery

QuickBooks Training Workshop

The QuickBooks Training Workshop enables individuals and business owners to gain knowledge in the basics of QuickBooks.

QuickBooks are easy-to-use computer accounting systems for small business. The main focus of this training is on how to use the features in QuickBooks Pro, specifically getting started and initial set-up.

Coming this Summer

It's All About Business: Facing the Economic Challenges of Small Business

The Ohio Bureau of Workers' Compensation (BWC) and the Ohio Department of Development (ODOD) are co-sponsoring "It's All About Business: Facing the Economic Challenges of Small Business." The conference will provide southern Ohio small business owners and entrepreneurs with practical strategies for weathering the economic climate, while sustaining profitability and a competitive edge. The free, day-long event will be held Wednesday, May 20 from 8 a.m. to 4 p.m. at the Vern Riffe Center for the Arts, located on the campus of Shawnee State University in Portsmouth.

The workshop will cover a number of topics, including a session providing participants with detailed information on workers' compensation insurance, BWC employer programs and current efforts to improve BWC operations. The event will also feature panel discussions with area bankers addressing issues such as financial readiness and access.

The day's activities will close with a "Procurement Café," giving participants the opportunity to schedule one-on-one meetings with state, local, and private sector business entities to discuss contractual opportunities. This segment of the program is designed to help local businesses determine market needs while actively marketing their business portfolio.

To register or learn more, call 1-866-672-8778.

2009 Bowling Fundraiser Wrap-Up

The CAC of Pike County Annual Bowling Fundraiser was held April 17, 2009 and \$700 was raised for this year's fundraiser. All proceeds from this year's fundraisers benefit the Pike County Shriners. The Shriners are very instrumental in assisting local families to get the free medical care or equipment children need from the Shriners Hospitals. Thank you to everyone who participated and helped out with this event.

1ST PLACE TEAM

ALLEY PUB
TOTAL SCORE: 2,034

2ND PLACE TEAM

CAC STAFF & FRIENDS
TOTAL SCORE: 1,323

CONGRATULATIONS TO THE RAFFLE WINNERS:

BARB TACKETT - TWO FISHING CHAIRS
TONI GRAVES - COLEMAN COOLER
PAM MUSTARD - POWERWASHER

2009 Bowl-A-Thon Teams

CAC Social Services

Alondra Blair, Nancy Scarberry, Gail Stevens, Jeff Wing, and Chris McKinley
Sponsored by: Diane Renner and Pam Mustard

CAC Employment & Training

Joni Ward, Natasha Cannon, Shelly Williams-Kuhn, Matt Kysor, and Carolyn Fyffe
Sponsored by: Rita Moore

CAC Early Childhood & Friends

Tina McMahan, Kathy Weiss, Tesie McDaniel, Sherri Throckmorton, and Darin James

CAC Staff & Friends

Toni Graves, Janice Caughlan, Barb Tackett, Laura Dobbins, and Linda Latham

CAC Family Health Center

Tabitha Hawkins, Penny Pinkerton, Michelle Veach, Denise Pherson, and Becky Bolt
Sponsor: Cheryl Tackett, Scott Adams, Cindy Balzer, and Lynn Holland

CAC Housekeeping & Friends

Doris Williams, Dave Ealey, Sandra Ison, Don Ison, and Jim Engle
Sponsor: Pike County Shriners

Alley Pub

David Weiss, Rick Latham, Dave Dobbins, Tim Thompson, and Nate Tackett
Sponsor: Alley Pub

Spare Team

Clark Renner, Dave Helmick, Terri Spradlin, Chris Bumgardner, and Andrea Bumgardner

GOOD LUCK TONI!!!!

Toni has bowled in the Monday night Alley Cats league for several years. This year her team won the championship. She was also honored for having the high average and high scratch series. During the Chillicothe USBC WBA City Tournament she came in second in All Events Handicap. The person who was first was also first in the scratch event. Since she can not represent the association in both events, Toni will be eligible to go to Dayton in May to compete against other people throughout the state who won in that division. She will be bowling in the Buckeye Belle's tournament in May.

The Kentucky Derby



The 135th Kentucky Derby will take place May 2nd in Louisville, KY and is the oldest continuous sporting event in America. Kentucky has been known as the major center of horse breeding and racing since the late 18th century. While traveling in England and France in 1872-1873 Col. M. Lewis Clark devised the idea of a Louisville Jockey Club for conducting race meets. Clark toured and visited prominent racing leaders in while in Europe to develop his idea. Once he returned the development of the track began that served to showcase the Kentucky breeding industry. 1883 was the first time that the race track was referred to as Churchill Downs. The name came from John and Henry Churchill, who leased the 80 acres to their nephew, Lewis for the construction of the racetrack.

The race is also known as the “Run for the Roses.” It is actually known for this for a couple reasons. The roses were first established as part of celebration when a rose was presented to all the ladies in attendance. In 1904 the red rose became the official flower of the Kentucky Derby. The blanket of roses that is draped over the winner after the race was first introduced in 1932 for the 58th Kentucky Derby. The Kroger Company has been the official florist since 1987 and they are in charge of making the 554 red rose sewn blanket of roses for the winner.



May is Mental Health Awareness Month

Mental Health month is designed to increase awareness about mental illness in the United States. There is a social stigma associated with mental illness, and it prevents people with a mental illness to seek help. If you know of someone with a mental illness make sure to spend a little extra time with them this month and try to learn a little more about their illness. You never know it just might make them feel comfortable to talk to someone else about what is going on in their life.

For information on any mental illnesses there are many resources to turn to for help. NAMI and Mental Health America are a couple organizations online that contains a lot of information. Also don't forget about your local mental health facility.

May is also Better Hearing & Speech Month

Approximately 43,000,000 people in the United States suffer from a speech, voice, language, or hearing impairment. Better hearing and speech month was founded in 1927 and since then they provide opportunities to raise awareness about communication disorders to promote treatment that can improve the quality of life for those who experience problems with speaking, understanding, or hearing.

During the month of May The National Institute on Deafness and Other Communication Disorders is making a major push to get more people screened for hearing loss.

Did you know . . .

- May 4 - 8 Teacher Appreciation Week
- May 12 - International Nurses Day
- May 15-19 - National Bike to Work Week.
- Asthma & Allergy Awareness Month
- National Sports & Physical Fitness Month

USDA Child and Nutrition Assistance Program Application Available on The Benefit Bank

This is a friendly reminder that the USDA Child Nutrition Program application, also call Free and Reduced Priced Lunch, is accessible through The Benefit Bank.

This program offers free and low-cost breakfast, lunch and snacks to primary and secondary school students.

Children in families with incomes of 130 percent or less of the FPIG are eligible for free meals; families with incomes between 131 and 185 percent of poverty qualify for reduced-price meals.

Families must re-apply each year.

THE *Ohio*
BENEFIT BANK
neighbors helping neighbors

CAC News Community Action Committee of Pike County

This newsletter is published once per month. If you have any items you would like included in the next newsletter, please submit them in writing by the 25th of the month to Pam Lawhorn, Front Office Coordinator or Lori Watson, Front Office Specialist. If you have any questions, please call the front office at 740-289-2371.

Mother's Day May 10th

Indoor Sale

May 8th and 9th: 8:00 am to ?
2653 Happy Hollow Rd.

Household items, clothes, tools, blankets, some furniture. Too much to mention.

FOR SALE

26 x 56 Stick build in 2 sections, must be moved. New 3 bedroom, 2 bath, all electric and plumbing state inspected. Needs cabinets, furnace and vanity's. \$39,000.

Contact 740-493-3188 for additional information.

Candy Bars available in front office for sale to benefit the CAC Pike County fundraising committee. All proceeds from the sales will benefit the Pike County Shriners.

FOR SALE

PSP with 4 games, a case, extra battery for \$150. Please call Jenny at 289-9964 for more information



FOR SALE

1991 Honda Goldwing GL1500. 49,178 miles, asking \$5,000

2001 Polaris Sportsman 400. 1,042 miles, asking \$1,800.

Please call Ken @ 947-8905

THANK YOU

Robin Horsley and family would like to thank the staff of Pike County CAC whom donated or helped with her benefit. "There are not enough words to describe how we appreciate everyone's help and support in this time of need."

Ohio's BMV

Next of Kin Program

Ohio's Bureau of Motor Vehicles has introduced the Next of Kin Program. This program, once signed up for, will be provided with your driver's license information, in which will allow law enforcement to notify your next of kin in case of emergency or and/or an accident.

Since the program started in April over 100,000 people have signed up. For more information on the Next of Kin program, call your local BMV or go to www.bmv.ohio.org.

Dog Looking for Owner

To my future loveable owner:

My name is Lincoln. I am a short half black lab and half Bassett Hound, and am medium in size. I am housebroken, and am great with kids. I live inside with my family but my owner doesn't have enough time for me right now and I'm getting pretty lonely. I love to sleep, go on walks, chew on bones, play and did I mention I like my sleep? I sleep best cuddled up on a warm couch and blanket. If you choose to adopt me (for free) I will not let you down . . . But I'm not a very good guard dog . . . I'm too nice!

Yours truly, Lincoln
740-708-3611

**2nd Annual Stephanie Knipp Memorial
Community Scholarship Rally**
May 16, 2009
Eastern High School
9:00 a.m.

FUN WALK REGISTRATION FORM:

\$12.00 per person, Kids under 6 **FREE**

Name: _____

Address: _____

Phone number: _____

Shirt size: S M L XL

BREAKFAST WILL BE SERVED FROM 8:00 TO 11:00 AM

Questions?? Call 740-820-4555 or 740-820-2827.

PLEASE MAIL BY MAY 1ST.

Can mail form to:

Shelly Fitch

10 California Pike

Beaver, Ohio 45613

**Last year around \$2,000 was raised and they were able
to give out 2 scholarships instead of one!!!**