



April 2009 Newsletter

CAC of Pike County



April Fool's Day to be changed

April Fool!!! April Fool's Day is not changing and it will always be on April 1st.

Did you know that there is no particular year that April Fool's Day was "discovered." Many believe it got started in several cultures with the celebrations involving the first day of Spring. Historians believe the tradition started around 1582 in France. Before 1582, the New Year was celebrated on March 25 and lasted eight days, with the last day being on April 1st. King Charles IX reformed the calendar and the Gregorian Calendar was introduced and New Year's Day was moved to January 1st.

Back in those days communications from town to town was on foot and it would be weeks, months, even years before some people received word about news.

This was the case about the calendar change and some villages refused the change and continued their New Year celebration on April 1st. The general public labeled these backward folk "fools" and were subject to ridicule and often sent on "fools errands" or were the "butt" of practical jokes.

Over time the traditions of playing pranks spread to England and Scotland in the 18th century and then later to America by the English and French. In Scotland April Fool's Day is celebrated for two days. The second day is devoted to different pranks and is referred to as "Taily Day." This is where the "kick me" sign originated.

Tricks on April Fool's Day range from simple to elaborate gags for the entire day. Some countries traditions say you can only pull gags till noon and if you pull a gag after noon then you are a fool. Don't worry that's not the case in Ireland, France and USA, jokes can be pulled all day.

Famous April Fools Jokes

In 1957, a BBC news show ran a story about a Spaghetti harvest going on in England. The program showed farmers pulling their spaghetti harvest from trees. The show had viewers inquiring about how to grow their own spaghetti.

In 1998, Burger King introduced their "Left-Handed Whooper." Had all the same ingredients but just rotated 180°.

Tesco in 2002 announced that they developed a carrot that whistled when fully cooked due to special air holes inside each carrot. This was to cut out the guessing of when your carrots were cooked.

An Australian millionaire towed an iceberg from Antarctica to Sydney Harbour on April 1, 1978. The Australian people were very excited to have an iceberg in their harbour. As the iceberg got near the harbour it started raining and the secret was revealed. It wasn't an iceberg but a barge of shaving foam.

CAC Events

April 7th
Senior Staff

April 16
Governing Board

April 21-24
Management Meeting

Postage stamps to go up May 11, 2009. Stamps will go from \$.42 each to \$.44 each.

April Fundraiser Luncheons

April 3rd - Energy Programs
April 17th - Administration

"The first of April is the day we remember what we are the other 364 days of the year."
- Mark Twain

"Spring would not be spring without bird songs."
- Francis M. Chapman

April 2009



Libby Fairchild
 Melody Lucas
 Cheryl Tackett
 Tina Miller
 Mary Blevins
 Toni Graves
 Barbara Preston
 Melissa Menendez
 Stephanie Brodess
 Lilly Kao

April 1st
 April 3rd
 April 4th
 April 5th
 April 6th
 April 8th
 April 10th
 April 10th
 April 13th
 April 14th

April Birthdays



Ashley Rider
 Jessica Mullins
 Judy LeBrun
 Kari Christman
 Charles Mullins
 Tracy Brewster
 Peggy Lester
 Shawney Tackett
 Nettie Berry
 Jennifer Perdue

April 14th
 April 19th
 April 22nd
 April 23rd
 April 23rd
 April 24th
 April 25th
 April 25th
 April 29th
 April 30th

New Employees

Paula Cooper
Doug Rider
Imogene Williams



CATS

Community Action Transit System
catch it!

Transportation is NOW available

- *Piketon to Waverly*
- *Waverly to Piketon*
- *Return trips available*
- *Please call 24 hours in advance to schedule a trip*

NEW CATS ROUTE

- *From Waverly to Piketon*
- *From Piketon to Waverly*

CALL CATS TODAY!

Call (740) 289-2371 for more information

Call (740) 289-4525 to schedule transportation

Looking for a job?
Need a ride to work?



April 2009



History of the Easter Bunny

The Easter Bunny has been around as early as 1600 and was first mentioned in German writings. According to the tradition children would build brightly colored nest, often out of caps and bonnets, in secluded areas of the home. The Oschter Haws, which is a magical rabbit, would only come to houses of children that had been good and lay brightly colored eggs in the nest the children made.



In the 1700's the German settlers that arrived in the Pennsylvania Dutch country introduced "Oschter Haws" to America. Since then the tradition has spread and the nest are no longer made by the children.

Instead baskets are being manufactured and can be brought at just about any type of store in any kind of shape, size, and color.

Peeps

Over four million Peeps are made each day, which ends up being over one-billion Peeps being made a year for marshmallow lovers. This Easter, Americans will consume close to 600 million Peeps and this is why they are the best selling non-chocolate item for Easter. They even outsell jelly beans! The Peeps manufacturer also makes Hot Tamales and Mike and Ike,

Chocolate Bunnies

Easter is the second most important candy eating occasion of the year for Americans. The first edible Easter bunnies were made in Germany during the 1800's and now, ninety million chocolate bunnies are produced each year. Americans were polled on what is the first thing to eat on a chocolate bunny and 76% said the ears are to be eaten first.

Did you know . . .

**April was originally the 2nd month of the Roman calendar before January and February were added by King Pompilius about 700 B.C.

**April 1st is the first day of the Japanese fiscal year.

**April is National Poetry Month, Jazz Appreciation Month, and Mathematics Awareness Month.

**April 30, 1789, George Washington was inaugurated as the 1st President of the United States.

**April 14, 1865, John Wilkes Booth shot President Abraham Lincoln.

National Start! Walking Day



The American Heart Association wants you to get up and move on Wednesday, April 8th. On this day people are encouraged to wear your sneakers and get moving. These days, many people are too busy working or running around that they are not taking time for themselves. As a result, the nation is becoming more and more inactive and inactivity doubles the risk of heart disease.

This is a problem that can be fixed easily by just taking a walk. Heart disease is the country's number 1 killer but exercising as little as 30 minutes a day you can reduce your risk.

Benefits of Walking

- Reduce the risk of coronary heart disease
- Improve blood pressure and blood sugar levels
- Maintain body weight and lower the risk of obesity
 - Enhance mental well being
- Reduce the risk of osteoporosis, breast and colon cancer, and non-insulin dependent (type 2) diabetes.

Clothing Center in need of Donations

While you start your spring cleaning this spring, keep the Social Services department in mind. Have any clothing items that you don't wear or don't want anymore? The clothing center, located at 462 South West Street in Piketon, is now accepting donations for clothing items. Also, remember the food pantry when you are doing your spring cleaning. The pantry is always taking donations for any non-perishable food items. For more information contact the Social Services Department at Community Action at 289-2371 ext. 185.



The Benefit Bank Cover The Uninsured Week March 22-28

Every 24 minutes, someone in America dies because they were uninsured and could not get the care they needed. Forty-six million Americans, including 9 million children, are living without health care coverage. You can help them get the coverage they need before it's too late.

At this time The Ohio Benefit Bank has sites at Community Action main agency, Waverly Family Health Center, and the Senior Center in Waverly.

The Benefit Bank is a free service that is offered to the public that is designed to help clients find eligibility for what benefits. Trying to find out if you qualify for certain benefits are confusing, the Benefit Bank simplifies that and makes it easier to get access to the programs you need to be healthy and secure. To set up an appointment to see what programs you are eligible for or more information on the program contact Community Action at 740-289-2371 ext. 185 to talk to an Ohio Benefit Bank Counselor.



Small Business Classes Offered Self-Employment: From Dream to Reality!

The Business Development Department of Community Action Committee of Pike County has scheduled classes for starting your own business. "Self-Employment: From Dream to Reality!" will begin Monday, April 13, 2009 and end Friday, April 24, 2009. Classes will be on Monday, Wednesday, and Friday from 9:00 am to 2:00 pm. For more information and/or to obtain a registration form call 740-289-2371 or toll free at 1-866-820-1185.

Discover how Self-Employment: From Dream to Reality! will help you develop your plan to be a successful entrepreneur and give you the opportunity to learn a variety of skills needed to own and operate a small business!

WHEN: April 13th through April 24th

TIME: 9:00 am to 2:00 pm;
Monday, Wednesday, & Friday
****Lunch Provided****

WHERE: CAC of Pike County
941 Market Street, Piketon, Ohio 45661
FEE: \$90 (tuition assistance available)

**Registration Deadline is
Wednesday, April 8, 2009**

Workforce Connection

Workforce Connection is doing recruiting for the Summer Youth Work Program. Eligibility requirements are that participants have to be between the ages of 14 and 24 and at the 100% Poverty level.

Know anyone that is unemployed due to a plant closure and interested in training? The Workforce Connection can help. For more information on this program or the youth program, contact the Workforce Connection at 740-289-2371.

**CAC News Community Action Committee
of Pike County**

This newsletter is published once per month. If you have any items you would like included in the next newsletter, please submit them in writing by the 25th of the month to Pam Lawhorn, Front Office Coordinator or Lori Watson, Front Office Specialist. If you have any questions, please call the front office at 289-2371.

ITEMS FOR SALE

Self-Cleaning stove/oven - off white - \$50.00
 Dishwasher - White - \$50.00
 2 Ceiling Fans with lights 1 Brown, 1 White - \$15.00 each
 Contact Stephanie Remy at 941-6563 for more information

PSP with 4 games, a case, extra battery for \$150
 Please call Jenny at 289-9964 for more information.

City of Waverly Spring Clean Up is scheduled to start April 27th and will run through May 8th. The areas of Green Acres, Saint Mary's, State Route 104, the Heights, Walnut St., East St., and Columbia Dr. has pick-up scheduled from April 27th to May 1st. From May 4th to May 8th pick-up is scheduled to place in the areas of Bridge St., Second St., High St., the Estates, and Bristol Village. Please have items to the curb by 7:00 am on the last morning of pick-up.



Pike CAC Softball Team Schedule

Anyone interested in supporting the agency softball team here is the schedule for upcoming games. All games will be played at Bristol Park in Waverly.

March 29th	2:30pm	Field #2
April 5th	1:00 pm	Field #2
April 19th	1:00 pm	Field #2
April 26th	1:00 pm	Field #1
May 3rd	1:00 pm	Field #2
May 10th	2:30 pm	Field #2

To see more pictures from the 2009 CAC Softball team they are available on Aristotle under the file Users and then under CAC Pictures.



The Community Action Committee Of Pike County Bowling Fundraiser



Friday, April 17, 2008

WEISS RECREATION BOWLING ALLEY

Team (5 person team)

\$125 Contribution

(\$25.00 per person)

Name: _____ Phone: _____
Name: _____ Phone: _____
Name: _____ Phone: _____
Name: _____ Phone: _____
Name: _____ Phone: _____

SPONSOR: _____ AMT: _____

There will be TWO shifts: 5:00 p.m. & 7:30 p.m. - Please circle preference.
Slots will be limited to 16 teams. Be the first to register.

To register, call Pam Mustard or Pam Lawhorn at 289-2371

Mail your registration to:

941 Market Street

P.O. Box 799

Piketon, Ohio 45661

Deadline for registration: April 14, 2008

Please make checks payable to:
CAC of Pike County

If you can't bowl, but you'd
like to sponsor a lane or a
team, that's ok too!
\$50.00 Contribution

