

MENU IS SUBJECT TO CHANGE

APRIL, 2007

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat or alternate 3 oz		PORK TENDERLOIN PARSLEY BUTTERED POTS.-1/2cup CAULIFLOWER & BROCCOLI-1/2 cp APPLESAUCE-1/2 cup CORNBREAD-2oz. / BUTTER MILK 1	CHICKEN & NOODLES GREEN BEANS-1/2 cu)cp BANANA-1 each ORANGE JUICE (1-CAN) WHOLE GRAIN BREAD / MILK 2	BEEF STEW-8oz TOSSED SALAD-1 cup PEARS-1/2 cup BISCUIT -2 oz./ BUTTER MILK 3	JOHNNY MARZETTI COLE SLAW-1/2 cup PEAS-1/2 cup PEACHES-1/2 cup ROLL-2oz. / MILK 4
vegetable or fruit 1-cup fruit	PEPPER STEAK HASH-BROWN POTATOES-4 oz. BUT.CARROT w. RAISINS-1/2 cup PEACHES & PEARS-1/2 cup WHOLE G BREAD-2 slices/ MILK 7	OVEN BAKED CHICKEN QTERS WHIPPED POTATOES-1/2cp SPICED BEETS-1/2cp PINEAPPLE CHUNKS-1/2cp BISCUIT-2oz/BUTTER / MILK 8	CREAM OF POTATO SOUP HAM SW ON BUN APPLESAUCE/GARDEN SALAD CRACKERS MILK 9	BEEF BBQ ON BUN OVEN FRIES - 4oz CORN - 1/2 cp COLE SLAW-1/2cp / MILK FRUIT CUP-1/2cp 10	TUNA NOODLE CASSEROLE GREEN LIMAS-3/4 cup PEACHES-3/4 cup WHOLE GRAIN BREAD MILK 11
Bread 1 serving Butter - 1 tsp.	SPAGHETTI/MEAT SAUCE GARDEN SALAD-1 cup PEARS-1/2 cup FRUIT JUICE - 1 can each MILK 14	TURKEY & GRAVY WHIPPED POTATOES-1/2 cup MIXED VEGETABLES-1/2 cup APPLE-1 each / MILK WHOLE GRAIN BREAD-2 slices 15	MEAT LOAF-2 oz PARSLEY B. POTS.-1/2 cp PENNY CARROT SALAD-1/2 cup MANDARIN O. SLICES-1/2 cup WHOLE GR. BREAD-2sls. / MILK 16	CHICKEN SALAD PLATE ON LETTUCE BED -1-CUP 1-CUP OF FRUIT 1-SLICE BREAD & CRACKERS MILK & 6oz FRUIT JUICE 17	GARDEN VEGETABLE SOUP-8oz 2oz.-BOLOGNA SALAD ON BUN FRUIT SALAD-1/2 cup 6 oz FRUIT JUICE MILK & CRACKERS 18
Dessert 1/2 cp.	CUBE STEAK/MUSHROOM GR. OVEN BAKED FRIES-4 oz. BROCCOLI -1/2 cp. PINEAPPLES-1/2 cup / MILK WHOLE GRAIN BREAD-2 slices 21	SAUSAGE PATTY HASH BROWN POTATOES-4oz STEWED APPLES-1/2cp BISCUIT -2oz/BUTTER / MILK CHOCOLATE CHIP COOKIE 22	OVEN BAKED CHICKEN QTER. WHIPPED POTATOES-1/2 cup GREEN BEANS-1/2 cup JELL-O w/ FRUIT w 1/2 cup of fr. MILK / ROLL-2 oz. 23	LASAGNA / 1/2 BOILED EGG TOSSED SALAD-1 cup FRUIT CUP / GREEN BEANS-1/2 each ITALIAN BREAD-1 slice / BUTTER MILK 24	FISH / CHEESE SL. ON BUN BUT. PEAS & CARROTS-1/2 cup COLE SLAW-1/2 cup ORANGE-1 each MILK 25
	SCALLOPED POTS/Ham Cubes KALE-1/2 cup PINEAPPLES-1/2 cup / MILK CORNBREAD-2oz / BUTTER MILK 28	COUNTRY STEAK WHIPPED POTATOES-1/2 cup MIXED VEGETABLES-1/2 cup MANDARINE ORANGE SLICES-1/2cup MILK / BISCUIT-2oz 29	SLOPPY JOE ON BUN PICKLE SLICES OVEN BAKED POTATOES-4oz COLE SLAW-1/2cp APPLESAUCE-1/2cp / MILK 30		

Choice of Beverages Available (2% milk / skim / buttermilk)

Condiments Available

Diabetic Desserts Available

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MAY, 2008

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat or alternate 3 oz				CHICKEN STRIP SALAD PLATE 1-CUP LETTUCE & 1-CUP FRUIT 1/2 CUP BROCCOLI/CAULIFLOWER OAT BRAN MUFFIN & CRACKERS MILK 1	JOHNNY MARZETTI GREEN BEANS - 3/4 CUP PEARS - 3/4 CUP WHOLE GRAIN BREAD-1 slice MILK 2
vegetable or fruit 1-cup fruit	CHEESEBURGER MACARONI PIE PEAS- 1/2 cup COLE SLAW-1/2 cup PEARS- 1/2 cup WHOLE GRAIN BREAD-1 slice MILK 5	PORK TENDERLOIN-2/3oz. PARSLEY BUTTERED POTS. 1/2 cup COOKED CABBAGE - 1/2 cup APPLESAUCE- 1/2 cup CORNBREAD-2oz. / BUTTER MILK 6	CHICKEN & NOODLES GREEN BEANS-1-cup JELL-O w./ FRUIT-1/2 cup WHOLE GRAIN BREAD-1slice MILK 7	BEEF STEW-pots/carrots/onions 2 oz. meat & 1/2 vegetables TOSSED SALAD-1-CUP PEARS - 1/2 cup BISCUIT-2 oz. / BUTTER MILK 8	HAMBURGER ON BUN ketchup/mustard/relish packets OVEN BROWN POTATOES- oz. CARROT RAISIN SALAD-1/2 cup PINEAPPLES- 1/2 cup MILK 9
Bread 1 serving Butter - 1 tsp.	PEPPER STEAK HASH BROWN POTATOES-oz CARROTS- 1/2 cup MANDARIN ORANGE SLS-1/2 cup WHOLE GRAIN BREAD- 2 slices MILK 12	OVEN BAKED CHICKEN WHIPPED POTATOES-1/2 cup SPICED BEETS-1/2 cup BRUSSEL SPROUTS-1/2 cup ROLL-2oz. MILK 13	CREAM OF POTATO SOUP- 8 oz. HAM ON BUN w./ mayo or must. GARDEN SALAD - 1 cup FRUIT CUP - 1/2 cup CRACKERS MILK 14	HOT DOG w/ SAUCE ON BUN POTATO SALAD- 1/2 cup GREEN BEANS- 1/2 cup PEACHES - 1/2 cup MILK 15	3oz-TUNA SALAD PLATE ON LETTUCE BED -1-cup FRUIT CUP - 1/2 cup CARROT & CELERY STICKS -1/2cp BANANA OAT BRAN MUFFINE CRACKERS & MILK 16
Dessert 1/2 cp.	MEAT LOAF PARSLEY BUT. POTATOES-1/2cp SPINACH-1/2 cup PEARS- 1/2 cup WHOLE GRAIN BREAD-2-slices MILK 19	SENIOR CITIZEN'S DAY ROAST BEEF & DRESSING RED SKIN POTATOES- oz GREEN BEANS-1/2 cup FRUIT SALAD-1/2cup ROLL-2oz. / MILK 20	SPAGHETTI w/ MEAT SAUCE GARDEN SALAD - 1 cup CARROTS-1/2 cup PINEAPPLES & MANDARIN O.-1/2cp TEXAS BREAD- 1-slice MILK 21	HAM & BEANS / ONIONS SPINACH-3/4 cup APPLESAUCE-3/4 cup CORNBREAD-2 oz. / BUTTER MILK 22	COLD MEAT & CHEESE PLATE FRUIT CUP - 1/2 cup TOSSED SALAD-1-cup PEA SALAD- 1/2 cup APPLESAUCE BRAN MUFFIN BUN / MILK 23
	CLOSED FOR HOLIDAY 26	SAUSAGE PATTY-2oz TATOR TOTS - oz. MIXED GREENS - 1/2 cup STEWED APPLES - 1/2 cup BISCUIT-2oz. / MILK 27	FISH with BUN / Tartar sauce PEAS-1/2 cup COLE SLAW-1/2 cup PEACHES-1/2 cup MILK 28	LASAGNA SPRING LETTUCE SALAD-1-cup CORN- 1/2 cup MIXLED FRUIT - 1-cup ITALIAN BREAD-1 slice/ MILK 29	OVEN BAKED CHICKEN QTERS WHIPPED POTATOES-1/2 cup GREEN BEANS- 1/2 cup BANANA- 1 each ROLL-2oz. / MILK 30

Choice of Beverages Available (2% / skim / buttermilk)

Condiments Available

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JUNE, 2008

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat or alternate 3 oz	SCALLOPED POTS. & HAM 2" CHEESE CUBE KALE w. VINEGAR - 3/4 cup PINEAPPLES-3/4 cup WHOLE GRAIN BREAD - 2 slices BUTTER / MILK 2	COUNTRY STEAK WHIPPED POTATOES-1/2 cup PICKLED BEETS-1/2 cup CANTALOUPE CUBES-1/2 cup WHOLE GRAIN BREAD - 2 slices BUTTER / MILK 3	SLOPPY JOE w./ Pickle Slices BUN OVEN BROWNED POTATOES-4oz. COLE SLAW-1/2 cup FRUIT CUP-1/2 cup MILK 4	CHICKEN PATTY GREEN LIMAS-1/2 cup CORN-1/2 cup CARROT RAISIN SALAD-1/2 cup WHOLE GRAIN BREAD - 2 slices BUTTER / MILK 5	JOHNNY MARZETTI MIXED VEGETABLES-1/2 cup TOSSED SALAD - 1-cup PEARS-1/2 cup WHOLE GRAIN BREAD - 1 slices BUTTER / MILK 6
vegetable or fruit 1-cup fruit	PORK TENDERLOIN PARSLEY B. POTATOES-1/2 cup COOKED CABBAGE- 1/2 cup APPLESAUCE-1/2 cup CORNBREAD-2oz BUTTER MILK 9	COLD PASTA DISH- 8oz serving with Cubed Ham & Turkey - 2oz. 1/2 cup carrots/broccoli/caulif. cucumbers WATERMELON CUBES -1/2 cup 100% FRUIT JUICE - 1 can Whole Grain Muffin - 2 oz./Milk 10	FATHER'S DAY LUNCHEON (2oz.CHICKEN) RICE CASSEROLE w/ MIXED VEGETABLE-8oz portion SL TOMATOES & CUCUMBERS -1/2 cp. JELL-O FRUIT CUP-1 cup ROLL - 2 oz. / BUTTER MILK 11	BEEF STEW (2-oz meat/1/2 c.vegs.) TOSSED SALAD - 1-cup PEARS - 1/2 cup BISCUIT -2oz BUTTER MILK 12	SMOKED SAUSAGE - 2 oz. WHIPPED POTATOES - 1/2 cup GREEN BEANS - 1/2 cup MANDARIN ORANGE SLICES - 1/2cp. WHOLE GRAIN BREAD - 2 slices BUTTER / MILK 13
Bread 1 serving Butter - 1 tsp.	PEPPER STEAK HASH BROWN PATTY - oz BUTTERED CARROTS - 1/2 cup MIXED FRUIT - 3/4 cup WHOLE GRAIN BREAD - 2 slices MILK 16	OVEN BAKED CHICKEN QTERS. WHIPPED POTATOES-1/2 cup TROPICAL FRUIT BLEND-1/2 cup SPICED BEETS-1/2 cup BISCUIT-2oz. / BUTTER MILK 17	TURKEY & HAM (2-3 oz)SUB. SW. w/ SL. TOMATOES / LETTUCE 1/2cp POTOTO SALAD - 1/2 cup MELON CUBES - 1/2 cup MILK 18	LASAGNA - 8oz GARDEN SALAD - 1 cup LIMAS & CORN - 1/2 cup PEARS - 1/2 cup CHEESY GARLIC BISCUIT - 2 oz BUTTER & MILK 19	HAMBURGER ON BUN ketchup / mustard / relish packets OVEN FRENCH FRIES - 4oz SL. TOMATOES & LETTUCE - 1/2 cp. PEACHES - 1/2 cup / MILK Yellow Cake w./Lemon Pud. topping 20
Dessert 1/2 cp.	FISH - tartar sauce packet BUN TATOR TOTS - 4 oz STEWED TOMATOES - 1/2 cup APPLESAUCE-1/2 cup MILK 23	CHICKEN ala KING over BISCUIT - 2 oz. / BUTTER PEAS - 1/2 cup PEACHES - 1/2 cup COLE SLAW - 1/2 cup MILK 24	TACO SALAD 2-3oz meat sauce (lettuce/tomatoes-1/2cp) cheese FRUIT CUP - 1/2 CUP 100% FRUIT JUICE - 1 CAN CRACKERS & TACO CHIPS MILK 25	HAM & BEANS/CHOPPED ONIONS SPINACH / VINEGAR - 3/4 cp PEACHES - 3/4 cup CORNBREAD-2 oz BUTTER MILK 26	TUNA NOODLE CASSAROLE - 8oz. PEAS - 1/2 cup CAULIFLOWER SALAD - 1/2 cup PINEAPPLES & MANDARIN O. SLS -1/2 cp. WHOLE GRAIN BREAD - 1 slices MILK 27
	CUBE STEAK w/Mushroom Gr. OVEN BAKED POTATOES -4 oz SPICED BEETS - 1/2 cup PINEAPPLE - 1/2 cup WHOLE GRAIN BREAD - 2 slices MILK 30				

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